

Prod. No.
2100



Vitamins for the Hair

*Provides a combination of
nutrients consistently
found in healthy hair.**

**VEGETARIAN
DIETARY SUPPLEMENT**

65 TABLETS



B2101

06A

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Niacin	35 mg	175%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Iron (as Ferrous Sulfate)	15 mg	83%
Iodine (from Kelp)	150 mcg	100%
Zinc (as Zinc Gluconate)	15 mg	100%
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Gluconate)	5 mg	250%
Sodium	5 mg	<1%
PABA (Para-Aminobenzoic Acid)	30 mg	**
Choline Bitartrate	125 mg	**
Inositol	50 mg	**
Isolated Soy Protein	100 mg	**
Brewer's Yeast	5 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Silica, Calcium Silicate, Vegetable Magnesium Stearate.

Contains soy and wheat ingredients.

**No Artificial Color or Flavor, No Preservatives,
No Sugar, No Milk, No Lactose, No Fish.**

Directions: For adults, take one (1) tablet daily, preferably with a meal.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Suitable for Vegetarians.

N Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

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