

Natrol® 5-HTP 100mg Fast Dissolve delivers natural mood support in a delicious, wild berry flavored tablet. 5-HTP is a drug-free, plant-derived source of an amino acid that naturally increases the body's level of serotonin, the chemical messenger that affects emotions, behavior, appetite, thought and sleep. This fast-dissolve formula delivers unique, rapid dissolve technology that helps promote fast absorption. Improve your mood with this delicious, easy-to-use tablet.†

Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 6044 F: 3002696 L: 2006385-11119



Actual Size

NATROL® 5-HTP 100mg

Fast Dissolve

- Natural Mood Enhancer[†]
- Helps Control Appetite[†]
- 100% Drug Free



Wild Berry
Artificial Flavor

30 Tablets
Dietary Supplement



Directions: Take 1 tablet, up to two times daily, with food. For best results, allow tablet to dissolve in mouth before swallowing. No water necessary.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

Amount Per Serving	%DV
5-HTP (5-Hydroxytryptophan) 100 mg *	
(From <i>Griffonia Simplicifolia</i>) (seed)	

*Daily Value not established.

Other Ingredients: Dextrose, F-Melt®, Artificial Flavor System (Wild Berry), Stearic Acid, Sucralose, Beet Powder.

Manufactured for NATROL, Inc.
Chatsworth, CA 91311 • USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

NO Yeast, Corn, Milk, Egg, Soy, Glutens,
Added Preservatives

F-Melt® is a registered trademark of Fuji Chemical Industry Co., Ltd.

LOT/EXP: