

VALUE SIZE ♦ VALUE SIZE ♦ VALUE SIZE ♦ VALUE SIZE ♦ VALUE SIZE ♦ VALUE SIZE

**Vitamin C plays an important role in supporting immune function.\* As an antioxidant, Vitamin C helps neutralize harmful free radicals in cells.\***

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

 Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 1474 B1510 07D

NATURE'S  BOUNTY®

VITAMIN  
**C-500**mg

**Supports  
Immune System  
Health\***



**250 tablets**

VITAMIN SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) tablet up to four times daily, preferably with meals.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | %Daily Value |
|--------------------|--------------|
| Vitamin C          | 500 mg 833%  |

**Ingredients:** Ascorbic Acid, Vegetable Cellulose. **Contains <2% of:** Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

**No** Artificial Color, Flavor or Sweetener, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

Suitable for Vegetarians

Carefully Manufactured by **NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A. © 2012 Nature's Bounty, Inc.

