

This natural Vitamin E supplement is an exceptional, full spectrum blend of health-promoting tocopherols. Vitamin E supports heart and antioxidant health.* This blend includes the important alpha and gamma forms of Vitamin E, ensuring you receive a sufficient daily supply.*

 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 467 B50411 04D

NATURE'S  BOUNTY®

100% NATURAL

E-400_{IU}

Supports:

- ◆ Immune Health*
- ◆ Heart Health*
- ◆ Healthy Skin*

RAPID RELEASE
LIQUID SOFTGEL



Contains a full spectrum
of Tocopherols

100 softgels

VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Vitamin E	400 IU	1,333%
(as d-Alpha Tocopherol plus d-Gamma, d-Delta, d-Beta Tocopherols)		

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil.

No Artificial Color, Flavor or Sweetener,
No Preservatives, No Sugar, No Starch, No Milk,
No Lactose, No Gluten, No Wheat, No Yeast,
No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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