

QUALITY GUARANTEED

This product has been manufactured and packaged in strict conformance with industry and government standards.

TAMPER RESISTANT SEAL

If printed heat induced seal appears to be tampered with, do not use product.

Directions: Adults, take one tablet daily as a dietary supplement, preferably with a meal.

Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In a case of accidental overdose, call a doctor or poison control center immediately.

Allergen Certification: This product may contain soy.

Store in a dry, controlled room environment. Keep Out of the Reach of Children.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Nature's Measure™

Women's Essential Vitamins

Dietary Supplement
Complete multivitamin
for a woman's nutrition*

Plus IRON

30 TABLETS

Supplement Facts

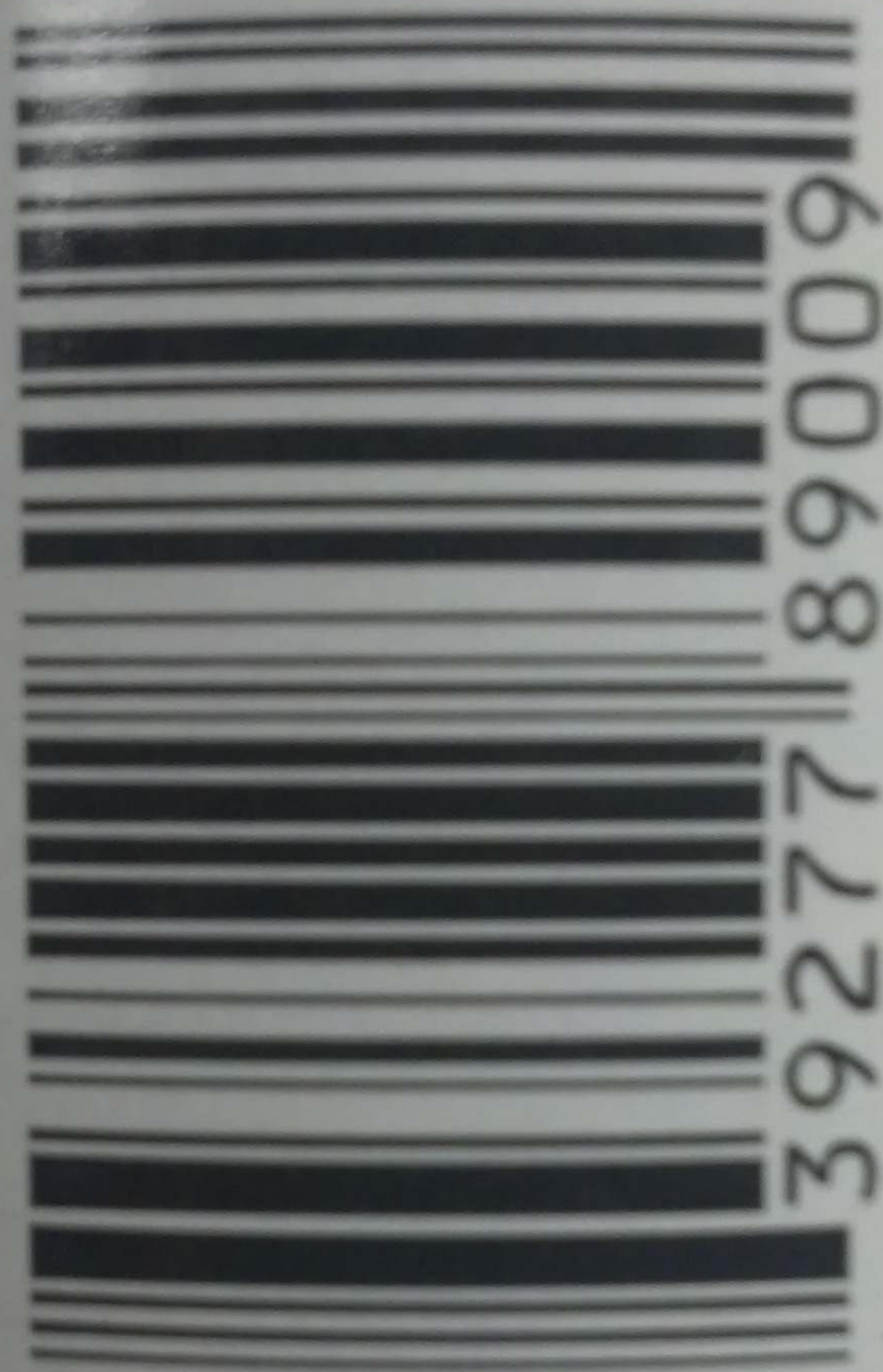
Serving Size 1 Tablet

	Amount Per Serving	% DV
Vitamin A (as beta carotene)	2000 IU	40%
Vitamin C (as ascorbic acid)	10 mg	17%
Iron (as ferrous fumarate)	18 mg	100%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	5.166 IU	17%
Thiamine (as thiamine HCL)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B-6 (as pyridoxine hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	6 mcg	100%
Panthenic Acid (as calcium D-panthothenate)	10 mg	100%

Other Ingredients: Microcrystalline cellulose, dextrose, stearic acid, silicon dioxide.

GUARANTEED NO ADDED: Yeast, wheat, dairy, gluten, egg, fragrance.

M107580 MFG 01/12



Product #989009
DISTRIBUTED BY:
GREENBRIER INTERNATIONAL, INC.,
CHESAPEAKE, VA 23320
MADE IN USA
Questions: Comments?
1-866-808-2939