

QUALITY GUARANTEED

This product has been manufactured and packaged in strict conformance with industry and government standards.

TAMPER RESISTANT SEAL

If printed heat induced seal appears to be tampered with, do not use product.

****** Regular exercise and a healthy diet with enough calcium helps teen, young adult and post menopausal women maintain good bone health and may reduce their high risk of osteoporosis later in life. Vitamin D improves calcium absorption.

Directions: Adults, take one tablet, two times daily as a dietary supplement, preferably with meals. It is recommended that adults take 1200mg elemental Calcium per day.

Store in a dry, controlled room environment.
Keep Out of the Reach of Children.

Nature's Measure™

Calcium
600 mg with Vitamin D

Dietary Supplement
May help prevent osteoporosis**
and builds strong bones*



30 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% DV
Calcium (as calcium carbonate)	600 mg	60%
Vitamin D (as ergocalciferol)	200 IU	50%

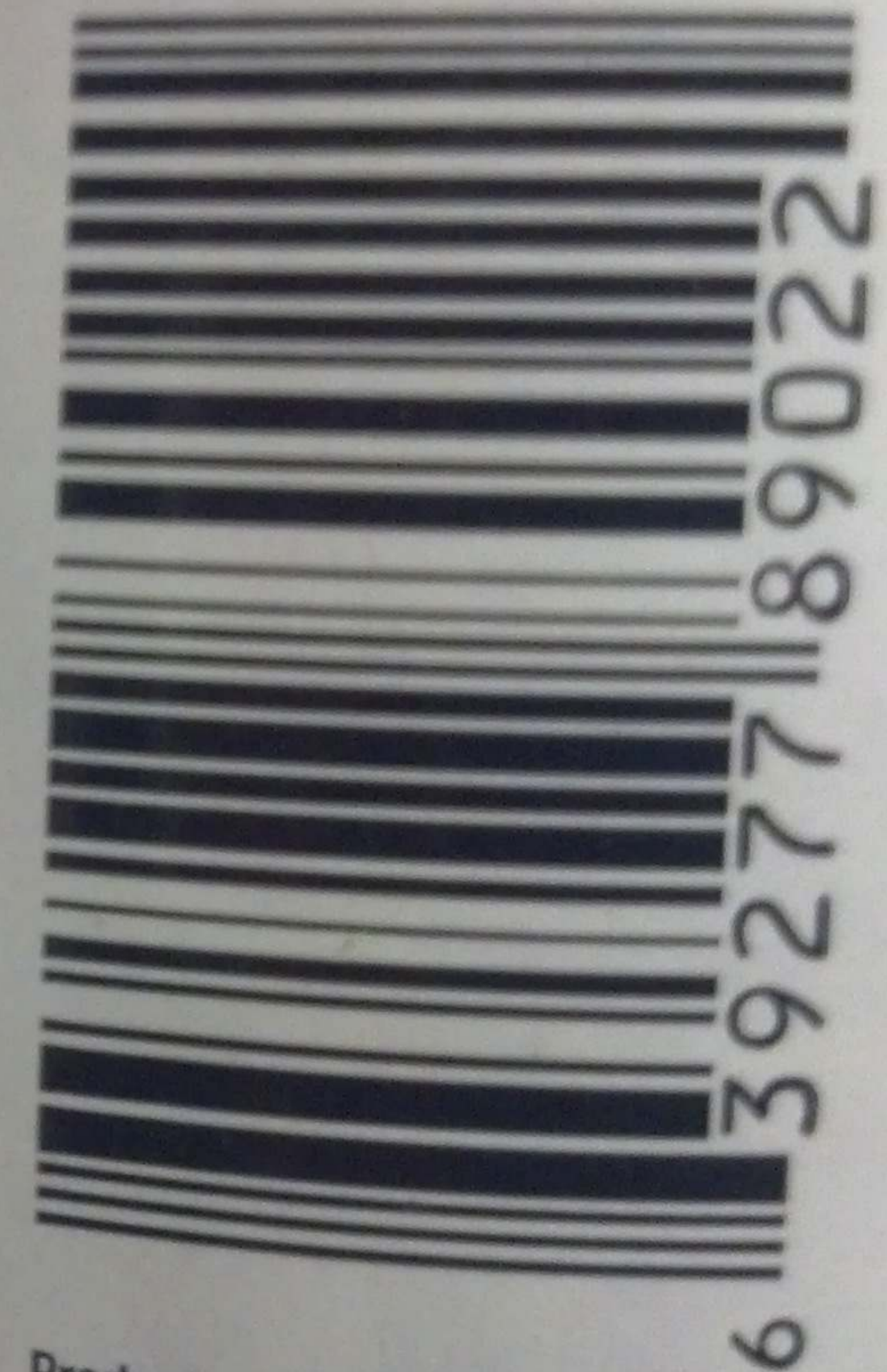
Other Ingredients: Stearic acid, croscarmellose, silicon dioxide.

GUARANTEED NO ADDED: Sugar, Yeast, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.

ALLERGEN CERTIFICATION: This product may contain soy.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

M106920 2010



Product #989022 Rev. - 0510A
DISTRIBUTED BY:
GREENBRIER INTERNATIONAL, INC.,
CHESAPEAKE, VA 23320
MADE IN USA
Questions: Comments?
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