

DIRECTIONS:

Take 2 tablets with a meal such as breakfast every day.

WARNINGS:

KEEP OUT OF REACH OF CHILDREN. Check with a qualified healthcare professional before taking this product if you are pregnant, nursing, under 18 years of age, if you have any known or suspected medical condition(s), and/or are taking any prescription or OTC medication(s). Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose call a doctor or poison control center immediately. This product contains chemicals known to the State of California to cause cancer, birth defects, or other reproductive harm.



For more info on the JYM Supplement Science Lexicon and how it can help you optimize your results, go to JYMSupplementScience.com.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

BioPerine® is a patented ingredient and registered trademark of Sabinsa Corporation. Patent numbers 5,536,506, 5,744,161, 5,972,382, 6,054,585, EP0810868, JP3953513 and CA2247467.

VITA

HEALTH | ENERGY | VITALITY™



10,000IU BETA-CAROTENE | 500mcg VITAMIN B12 | 400IU VITAMIN E

THE ATHLETE'S PERFECT VITAMIN SUPPLEMENT*

60 TABLETS, DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	10,000IU 200%	Iodine (from potassium iodide)	150mcg 100%
Vitamin C (as ascorbic acid)	250mg 417%	Selenium (as sodium selenate)	200mcg 286%
Vitamin E (as d-alpha-tocopheryl succinate)	400IU 1333%	Copper (as copper gluconate)	3mg 150%
Vitamin K (as menaquinone-7 (MK-7) and menaquinone-4 (MK-4))	120mcg 150%	Manganese (as manganese gluconate)	2.3mg 115%
Thiamin (as thiamin mononitrate)	100mg 6667%	Chromium (as chromium picolinate)	200mcg 167%
Riboflavin	100mg 5882%	Molybdenum (as sodium molybdate)	45mcg 60%
Niacin (niacinamide)	100mg 500%	Potassium (as potassium citrate)	100mg 3%
Vitamin B6 (as pyridoxine HCl)	100mg 5000%	Nickel (as nickel sulfate)	5mcg *
Folate (as folic acid)	400mcg 100%	Vanadium (as vanadyl chelate)	10mcg *
Vitamin B12 (as cyanocobalamin)	500mcg 8333%	Silica (as silicon dioxide)	2mg *
Biotin	300mcg 100%	Boron (as boron chelate)	3mg *
Pantothenic acid (as D-calcium pantothenate)	100mg 1000%	Black pepper fruit extract (Biperine®)	5mg *
Iron (as ferrous fumarate)	18mg 100%		

* Daily value not established

OTHER INGREDIENTS: Microcrystalline cellulose, Stearic acid, Croscarmellose sodium, Film coat (hypromellose, polyethylene glycol, hydroxypropyl cellulose) and Magnesium stearate.

DISTRIBUTED BY:
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