

Directions For Use

Adults: 7 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Women's Premium is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to enhance overall health*, help naturally balance hormones* and support healthy DNA*.

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

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Total Balance

Women's

Premium

Advanced Micro-Nutrient for Women

Enteric coated

105 Tablets



Dietary Supplement

Made in New Zealand

Supplement Facts

Serving size: 7 tablets
Servings per container: 15

	Amount Per Serving	% Daily Value*
Calories	30	
Calories from fat	5	
Vitamin A (from Natural mixed carotenoids)	5000 IU	100%
Vitamin C (as Calcium ascorbate, Ascorbyl palmitate, Potassium ascorbate)	164 mg	270%
Vitamin D3 (as Cholecalciferol)	500 IU	130%
Vitamin E (as D-Alpha tocopheryl succinate)	100 IU	330%
Vitamin K2 (as Menaquinone)	180 mcg	230%
Thiamin (as Thiamin hydrochloride)	10 mg	670%
Riboflavin (as Riboflavin-5-phosphate)	10 mg	590%
Niacin (as Nicotinic acid, Nicotinamide, Chromium nicotinate)	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate)	8 mg	400%
Folic Acid	300 mcg	80%
Vitamin B12 (as Cobamide)	25 mcg	420%
Biotin	400 mcg	130%
Pantothenic acid (as Calcium pantothenate)	41 mg	410%
Calcium (as Dicalcium phosphate, Calcium ascorbate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate)	50 mg	6%
Phosphorus (as Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Riboflavin-5-phosphate, Pyridoxal-5-phosphate)	45 mg	6%
Iodine (as Potassium iodide)	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate)	68 mg	20%
Zinc (as Zinc citrate)	9 mg	60%
Selenium (as L-selenomethionine)	100 mcg	140%
Manganese (as Manganese citrate)	2 mg	100%
Chromium (as Chromium nicotinate)	106 mcg	90%
Molybdenum (as Sodium molybdate)	64 mcg	90%
Potassium (as Potassium ascorbate, Tripotassium citrate, Potassium iodide)	76 mg	2%
RNA (Ribonucleic acid, from yeast)	150 mg	**
N-acetyl L-cysteine	149 mg	**

	Amount Per Serving	% Daily Value*
Green tea extract	100 mg	**
Milk thistle extract (seed)	100 mg	**
Soy lecithin	100 mg	**
Betain HCL	99 mg	**
MSM (Methyl sulfonyl methane)	99 mg	**
Choline bitartrate	93 mg	**
Dimethyl glycine hydrochloride	90 mg	**
N-acetyl glucosamine (from Crustacean shell)	79 mg	**
Hesperidin (from Bitter orange, fruit)	78 mg	**
Inositol (as Inositol & Inositol hexaphosphate)	59 mg	**
SAMe (from 98 mg S-adenosylmethionine tosylate)	51 mg	**
Alpha lipoic acid	50 mg	**
Bacopa extract (leaf)	50 mg	**
Black curin extract (seed)	50 mg	**
Ginger extract (root)	50 mg	**
Ginkgo extract (leaf)	50 mg	**
Guggul gum extract	50 mg	**
Pine bark extract	50 mg	**
Turmeric extract (root)	50 mg	**
PABA (p-Aminobenzoic acid)	50 mg	**
5-Hydroxytryptophan (from Griffonia simplicifolia, seed)	49 mg	**
Myricetin (from Bayberry, leaf)	49 mg	**
Horsetail extract (stem & leaf)	40 mg	**
Grape seed extract	30 mg	**
Mineral sea salts	30 mg	**
Piperine (from Black pepper)	28 mg	**
Trans-resveratrol (from Japanese knotweed, root)	25 mg	**
Isolavones (from Soybean)	20 mg	**
Coenzyme Q-10	19 mg	**
Luteolin (from Peanut shell)	18 mg	**
Alfalfa extract (aerial parts)	10 mg	**
Phosphatidyl L-serine (from Soybean)	10 mg	**
Policosanol (from Sugar cane)	8 mg	**
Red clover extract (aerial parts)	7 mg	**
ATP (Adenosine triphosphate, from Yeast)	5 mg	**
Tocotrienol/cholesterol complex (Tocomin®) from Palm tree oil	2 mg	**
Vinpocetine (from Crocus longiflorus, whole plant)	2 mg	**

	Amount Per Serving	% Daily Value*
Lycopene (from Tomato)	900 mcg	**
Boron (as Boron citrate)	720 mcg	**
Amino Acid Blend	1.1 g	**
L-histidine HCL, L-lysine HCL, L-carnosine, L-tyrosine, L-arginine HCL, L-methionine, L-ornithine HCL, L-proline, L-pyrogutamic acid, L-cysteine, L-glutamine, Taurine, Reduced L-glutathione		
Female Health Support Blend	340 mg	**
Dong quai extract (root), Feverfew extract (leaf), Wild yam extract (root), Chasteberry extract		
Enzyme Blend	150 mg	**
Bromelain (from Pineapple stem), Nattozymes protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger), Immunity Stimulating Blend		
Aloe vera (leaf juice), Olive leaf extract, Beta glucan (from Yeast), Tea polysaccharides (leaf)		
Eye Health Blend	53 mg	**
Bilberry extract (fruit), Rutin (from Saphorae japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		

* Percent daily values are based on a 2000 calorie diet

** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Enteric coating (Purified water, Ethylcellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid, Sodium carboxymethyl cellulose, Taic, Polydextrose), Silicon dioxide, Sodium carboxymethyl cellulose, Maltodextrin

Contains ingredients derived from soy, peanut and shellfish

Does not contain gluten or dairy

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Made in New Zealand