

Directions For Use

Adults: 4 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Women's is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to support overall female health*

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

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Total Balance Women's

Comprehensive Micro-Nutrient for Women

Enteric coated

120 Tablets

Dietary Supplement
Product of New Zealand



Supplement Facts

Serving size: 4 tablets
Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories	15	
Calories from fat	5	
Vitamin A (from Natural mixed carotenoids)	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate)	194 mg	323%
Vitamin D3 (as Cholecalciferol)	500 IU	125%
Vitamin E (as D-alpha tocopheryl succinate)	100 IU	333%
Vitamin K2 (as Menaquinone)	180 mcg	225%
Thiamin (as Thiamin hydrochloride)	10 mg	667%
Riboflavin (as Riboflavin-5-phosphate)	10 mg	588%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate)	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate)	8 mg	400%
Folic Acid	300 mcg	75%
Vitamin B12 (as Cobamide)	25 mcg	417%
Biotin	400 mcg	133%
Pantothenic acid (as Calcium pantothenate)	41 mg	410%
Calcium (as Calcium citrate, Calcium ascorbate, Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate)	63 mg	6%
Phosphorus (as Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Riboflavin-5-phosphate, Pyridoxal-5-phosphate)	21 mg	2%
Iodine (as Potassium iodide)	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate)	65 mg	16%
Zinc (as Zinc citrate)	9 mg	60%
Selenium (as L-selenomethionine)	100 mcg	143%

	Amount Per Serving	% Daily Value*
Manganese (as Manganese citrate)	2 mg	100%
Chromium (as Chromium nicotinate)	100 mcg	88%
Molybdenum (as Sodium molybdate)	64 mcg	85%
Potassium (as Tripotassium citrate, Potassium ascorbate, Potassium iodide)	44 mg	1%
MSM (Methyl sulfonyl methane)	99 mg	**
Choline bitartrate	93 mg	**
Green tea extract	60 mg	**
Inositol (as Inositol & Inositol hexaphosphate)	59 mg	**
Alpha lipic acid	50 mg	**
Bacopa extract (leaf)	50 mg	**
Black cumin extract (seed)	50 mg	**
PABA (p-Aminobenzoic acid)	50 mg	**
Soy lecithin	50 mg	**
Betain HCL	49 mg	**
Ginkgo extract (leaf)	40 mg	**
Horse tail extract (stem & leaf)	40 mg	**
Beta glucan (from Yeast)	35 mg	**
Dimethyl glycine hydrochloride	30 mg	**
Mineral sea salts	30 mg	**
5-Hydroxytryptophan (from Griffonia simplicifolia, seed)	29 mg	**
N-acetyl L-cysteine	29 mg	**
N-acetyl glucosamine (from Crustacean shell)	29 mg	**
Turmeric extract (root)	20 mg	**
SAMe (from 29 mg S-adenosylmethionine tosylate)	15 mg	**
Coenzyme Q-10	14 mg	**
Alfalfa extract (aerial parts)	10 mg	**
Isoflavones (from Soybean)	10 mg	**
Luteolin (from Peanut shell)	9 mg	**
Piperine (from Black pepper)	9 mg	**
Trans-resveratrol (from Japanese knotweed, root)	7 mg	**
ATP (Adenosine triphosphate, from Yeast)	5 mg	**
Red clover extract (aerial parts)	5 mg	**

	Amount Per Serving	% Daily Value*
Policosanol (from Sugar cane)	4 mg	**
Tocotrienol/tocopherol complex (Tocomin®)		
from Palm tree oil	2 mg	**
Lycopene (from Tomato)	900 mcg	**
Boron (as Boron citrate)	720 mcg	**
Amino Acid Blend	399 mg	**
L-histidine HCL, L-arginine HCL, L-tyrosine, L-carnosine, L-methionine, Reduced L-glutathione		
Female Health Support Blend	340 mg	**
Dong quai extract (root), Feverfew extract (leaf), Wild yam extract (root), Chasteberry extract		
Enzyme Blend	125 mg	**
Bromelain (from Pineapple stem), Nattozymes protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)		
Eye Health Blend	13 mg	**
Rutin (from Saphorae japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		

* Percent daily values are based on a 2000 calorie diet
** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Enteric coating (Purified water, Ethylcellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid, Sodium carboxymethyl cellulose, TaC, Polydextrose), Maltodextrin, Sodium carboxymethyl cellulose, Silicon dioxide.

Contains ingredients derived from soy, peanut and shellfish
Does not contain gluten or dairy

Xtend-Life Natural Products (Pvt) Ltd
4 Settlers Crescent, PO Box 19640, Christchurch 8241, New Zealand
Tel: USA / Canada 1-888-487-9304, International +64 (3) 384 2116
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