

Directions For Use

Adults: 7 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Men's Premium is an all-natural comprehensive micro-nutrient containing a broad range of synergistic nutrients known to enhance overall male health* and support the maintenance of healthy DNA*.

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

L1113-10 120703



Total Balance

Men's

Premium

Advanced Micro-Nutrient for Men

Enteric coated

105 Tablets

Dietary Supplement

Product of New Zealand



Supplement Facts

Serving size: 7 tablets
Servings per container: 15

	Amount Per Serving	% Daily Value*		Amount Per Serving	% Daily Value*
Calories.....	25		Milk thistle extract (seed).....	100 mg	**
Calories from fat.....	5		Soy lecithin.....	100 mg	**
Vitamin A (from Natural mixed carotenoids).....	5000 IU	100%	Betain HCL.....	99 mg	**
Vitamin C (as Calcium ascorbate).....	285 mg	475%	MSM (Methyl sulfonyl methane).....	99 mg	**
Vitamin D3 (as Cholecalciferol).....	500 IU	125%	Choline bitartrate.....	93 mg	**
Vitamin E (as D-Alpha tocopheryl succinate).....	100 IU	333%	Dimethyl glycine hydrochloride.....	90 mg	**
Vitamin K2 (as Menquinone).....	180 mcg	225%	N-acetyl glucosamine (from Crustacean shell).....	79 mg	**
Thiamin (as Thiamin hydrochloride).....	10 mg	667%	Hesperidin (from Bitter orange, fruit).....	78 mg	**
Riboflavin (as Riboflavin-5-phosphate).....	10 mg	588%	N-acetyl L-cysteine.....	74 mg	**
Niacin (as Nicotinic acid, Niacinamide).....	27 mg	135%	Horsetail extract (stem & leaf).....	60 mg	**
Vitamin B6 (as Pyridoxal-5-phosphate).....	8 mg	400%	Inositol (as Inositol, Inositol hexaphosphate).....	59 mg	**
Folic Acid.....	300 mcg	75%	SAME (from 98 mg S-adenosylmethionine tosylate).....	51 mg	**
Vitamin B12 (as Cobamamide).....	25 mcg	417%	Alpha lipoic acid.....	50 mg	**
Biotin.....	400 mcg	133%	Bacopa extract (leaf).....	50 mg	**
Pantothenic acid (as Calcium pantothenate).....	41 mg	410%	Black cumin extract (seed).....	50 mg	**
Calcium (as Dicalcium phosphate, Calcium ascorbate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate).....	50 mg	5%	Ginger extract (root).....	50 mg	**
Phosphorus (as Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Riboflavin-5-phosphate, Pyridoxal-5-phosphate).....	28 mg	3%	Ginkgo extract (leaf).....	50 mg	**
Iodine (as Potassium iodide).....	150 mcg	100%	Guggul gum extract.....	50 mg	**
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate).....	67 mg	17%	PABA (p-Aminobenzoic acid).....	50 mg	**
Zinc (as Zinc acetate dihydrate & Zinc citrate).....	19 mg	127%	Pine bark extract.....	50 mg	**
Selenium (as L-selenomethionine).....	100 mcg	143%	Turmeric extract (root).....	50 mg	**
Copper (as Copper gluconate).....	0.2 mg	10%	5-hydroxytryptophan (from Griffonia simplicifolia, seed).....	49 mg	**
Manganese (as Manganese citrate).....	2 mg	100%	Myricetin (from Bayberry, leaf).....	49 mg	**
Chromium (as Chromium nicotinate).....	106 mcg	88%	Grape seed extract.....	30 mg	**
Molybdenum (as Sodium molybdate).....	64 mcg	85%	Mineral sea salts.....	30 mg	**
Potassium (as Potassium ascorbate, Tripotassium citrate, Potassium iodide).....	74 mg	2%	Piperine (from Black pepper).....	28 mg	**
RNA (Ribonucleic acid, from yeast).....	150 mg	**	Trans-resveratrol (from Japanese knotweed, root).....	25 mg	**
Green tea extract.....	100 mg	**	Isoflavones (from Soybean).....	20 mg	**
			Coenzyme Q-10.....	19 mg	**
			Luteolin (from Peanut shell).....	18 mg	**
			Alfalfa extract (aerial parts).....	10 mg	**
			Phosphatidyl L-serine (from Soybean).....	10 mg	**
			Policosanol (from Sugar cane).....	8 mg	**
			Red clover extract (aerial parts).....	7 mg	**
			ATP (Adenosine triphosphate, from Yeast).....	5 mg	**
			Tocotrienol/cholesterol complex (Tocomin®).....	2 mg	**
			from Palm tree oil.....	2 mg	**
			Vinopocetine (from Periwinkle flower).....	2 mg	**
			Boron (as Boron citrate).....	720 mcg	**
			Amino Acid Blend.....	939 mg	**
			L-lysine HCL, L-carnosine, L-tyrosine, L-arginine HCL, L-methionine, L-cysteine, L-glutamine, Reduced L-glutathione, L-ornithine HCL, L-proline, L-pyroglyutamic acid, Taurine		
			Male Health Support Blend.....	583 mg	**
			Phytosterol (from Soybean), Saw palmetto extract (fruit), Nettle extract (root), Chrysin (from Oroxylum bark), Zinc acetate dihydrate, Lycopene (from Tomato)		
			Enzyme Blend.....	150 mg	**
			Bromelain (from Pineapple stem), Natizymes Protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)		
			Immunity Stimulating Blend.....	147 mg	**
			Aloe vera (leaf juice), Olive leaf extract, Beta glucan (from Yeast), Tea polysaccharides (leaf)		
			Eye Health Blend.....	53 mg	**
			Bilberry extract (fruit), Rutin (from Saphorae japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		

* Percent daily values are based on a 2000 calorie diet

** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Enteric coating (Purified water, Ethylcellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid, Sodium carboxymethyl cellulose, Talc, Polydextrose), Maltodextrin, Silicon dioxide, Sodium carboxymethyl cellulose.

Contains ingredients derived from soy, peanut and shellfish

Does not contain gluten or dairy

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