## Supplement Facts

Serving Size 1 Scoop (30g) Servings Per Container ~76

Calories	120	
Calories from Fat	18	
Total Fat	2g	3%*
Saturated Fat	1g	5%*
Cholesterol	43mg	14%*
Total Carbohydrate	3.5g	1%*
Sugars	2g	**
Protein	22g	44%*
Calcium	130mg	13%
Phosphorus	94mg	9%
Sodium	52mg	2%*
Potassium	188mg	5%

OTHER INGREDIENTS: Pure Whey™ (ultrafiltered whey concentrate [comprised of ~45% β-lactoglobulin, ~20% a-lactalbumin, ~15% glycomacropeptides, ~10% immunoglobulins, ~6% bovine serum albumin, ~1% lactoferrin, ~1% lactoperoxidase, protease-peptone, lysozyme], whey isolates, partially hydrolyzed whey peptides) (milk), natural and artificial flavors, cookie bits [sugar, wheat flour, cocoa (processed with alkali), partially hydrogenated vegetable oil, (soybean and/or cottonseed), salt, natural and artifical flavors], lecithin (soy), acesulfame potassium. sucralose. Made in a GMP facility that uses milk, soy, egg, peanuts.

DOSAGE: Mix 1-2 slightly rounded scoops with 6-12 ounces of skim milk or your beverage of choice. On training days take a minimum of two servings daily, with one serving within 45 minutes after training and the other serving between meals. On non-training days take at least one serving daily between meals. For best results, use a blender or a Universal Mixbov.

WARNINGS: Keep out of reach of children. Before beginning any program, consult your health care practitioner.

NOTE: Do not use as your sole source of calories

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



rmulated, Tested & Manufactured B Universal® Nutrition



**COOKIES & CREAM** 

concentrate. HOW WE BACK IT UP What is on the label is in the bottle and what is in the bottle will help you reach your goals. We guarantee it. Backed by our 100% ironclad money back guarantee, we proudly stand behind every item we produce. If for whatever reason you are not satisfied with any product bearing our name, simply return it to your place of purchase with a receipt for a full refund. Our word is our bond.

Protein Supplement Net Wt 5 lb (2.27kg) Cross-Flow Ultrafiltered Whey Peptide Protein | Triple Whey Formula | Mixes Easily