

TWINLAB®



BARIATRIC SUPPORT

BASIC ESSENTIALS

vanilla with natural and artificial flavors

- > EASILY DIGESTED 15 G PROTEIN, HIGH NUTRIENT DENSITY SHAKE
- > PROVIDES IRON, CALCIUM AND A FULL SPECTRUM OF VITAMINS AND MINERALS

DIETARY SUPPLEMENT

NET WT. 1 LB. 6 OZ. (635 G)

> **Bariatric Support** is a comprehensive supplementation program designed by Twinlab to provide high quality nutritional solutions to help address the specific needs of bariatric patients. The goal of bariatric surgery is to limit the body's supply and absorption of calorie-laden macronutrients. However, this also results in a decreased intake of micronutrients and other essential dietary components including vitamins, minerals and protein that are key to overall good health.* Our products utilize nutrient-dense, convenient delivery forms that are easily digested and absorbed by the body to help meet the unique needs of bariatric patients and support optimum assimilation and utilization of nutrients.*

Supplement Facts

Serving Size 1 scoop (28 g)
Servings Per Container 22

Amount Per Serving			Amount Per Serving		
%DV**			%DV**		
Calories	90		Vitamin B12 (as cyanocobalamin)	0.35 mcg	6%
Calories from Fat	10		Biotin	52.5 mcg	18%
Total Fat	1 g	2 %**	Pantothenic Acid (as d-calcium pantothenate)	2.1 mg	21%
Saturated Fat	0.5 g	3 %**	Calcium (as dicalcium phosphate)	280 mg	28%
Trans Fat	0 g	†	Iron (as ferrous fumarate)	4.9 mg	27%
Cholesterol	28 mg	10 %**	Phosphorous (as dicalcium phosphate)	280 mg	28%
Total Carbohydrate	6 g	2 %**	Iodine (from kelp)	52.5 mcg	35%
Dietary Fiber	3 g	12 %**	Magnesium (as magnesium oxide)	105 mg	26%
Sugars	1 g	†	Zinc (as zinc gluconate)	5.25 mg	35%
Protein	15 g	30 %**	Selenium (as sodium selenate)	35 mcg	50%
Vitamin A (as beta carotene)	47 IU	1%	Copper (as copper gluconate)	0.35 mg	18%
Vitamin C (as ascorbic acid)	21 mg	35%	Manganese (as manganese gluconate)	1.8 mg	90%
Vitamin D (as cholecalciferol)	72 IU	18%	Chromium (as chromium picolinate)	66 mcg	55%
Vitamin E (as d-alpha tocopheryl acid succinate)	4 IU	13%	Molybdenum (as sodium molybdate)	46 mcg	61%
Thiamin (as thiamin mononitrate)	0.49 mg	33%	Sodium	71 mg	3%
Riboflavin	0.56 mg	33%	Inositol	17.5 mg	†
Niacin (as niacinamide)	6.3 mg	32%	Choline (as choline bitartrate)	17.5 mg	†
Vitamin B6 (as pyridoxine hydrochloride)	0.7 mg	35%	** Percent Daily Value (DV) based on a 2,000 calorie diet		
Folic Acid	70 mcg	18%	† Daily Value (DV) not established.		

OTHER INGREDIENTS: Whey protein concentrate and isolate (from milk), guar gum, xanthan gum, maltodextrin, natural and artificial flavors, medium chain triglycerides, acesulfame potassium, sucralose, soy lecithin.

DIRECTIONS: Use in accordance with your physician's recommendations. Typical use: Mix 1 scoop with 4-8 ounces of water for desired consistency. Take 3-5 servings daily.

WARNING: If you are pregnant, nursing, or taking any medication or have any medical condition consult a health care professional prior to using this product. **KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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