

DO NOT USE IF THE SAFETY SEAL UNDER THE CAP IS BROKEN OR MISSING.

KEEP OUT OF THE REACH OF CHILDREN.

Caution: Tablet not to be broken before consumption.

Keep tightly closed in a dry place at controlled room temperature.

\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Questions or  
Comments? Call Us.

1 (800) 757-9195

MedInfo@AlconLabs.com

† The antioxidant and zinc ingredients used in the Age-Related Eye Disease Study (AREDS)†

† Age-Related Eye Disease Study Research Group. Archives of Ophthalmology, 2001; 119: 1417-1436.

4T976 HW F2

H11958-0611

LOT: EXP:



HDPE



Made in the U.S.A.

Distributed by:  
**Alcon**  
ALCON LABORATORIES, INC.  
6201 South Freeway  
Fort Worth, Texas 76134-2099  
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**I-Caps**  
EYE VITAMIN  
& MINERAL SUPPLEMENT

HELPS PRESERVE  
HEALTHY VISION\*\*



**AREDS FORMULA**  
Age-Related Eye Disease Study

120 COATED TABLETS Alcon

ICAPS® Eye Vitamin AREDS Formula  
Suggested Adult Intake: two tablets twice a day WITH MEAL or as directed by your physician.

## Supplement Facts

Serving Size: 2 tablets  
Servings Per Container: 60

|                                        | Per serving<br>Amount | % Daily Value | Per Day (4 tablets)<br>Amount | % Daily Value |
|----------------------------------------|-----------------------|---------------|-------------------------------|---------------|
| Calories                               | 5                     |               | 10                            |               |
| Total Carbohydrates                    | 1 g                   | <1%*          | 2 g                           | <1%*          |
| Vitamin A (100% as beta carotene)      | 14,320 IU             | 286%          | 28,640 IU                     | 573%          |
| Vitamin C (ascorbic acid)              | 226 mg                | 377%          | 452 mg                        | 753%          |
| Vitamin E (d-alpha tocopheryl acetate) | 200 IU                | 667%          | 400 IU                        | 1333%         |
| Calcium                                | 60 mg                 | 6%            | 120 mg                        | 12%           |
| Zinc (zinc oxide)                      | 34.8 mg               | 232%          | 69.6 mg                       | 464%          |
| Copper (cupric oxide)                  | 0.8 mg                | 40%           | 1.6 mg                        | 80%           |

\* Percent daily values are based on a 2000 calorie diet.

Other ingredients: Microcrystalline Cellulose, Dicalcium Phosphate, Gelatin, Hypromellose, Silicon Dioxide, Magnesium Stearate, Starch, Stearic Acid, Polyvinyl Alcohol, Polyethylene Glycol, Sorbic Acid, FD&C Red #40 Lake, Talc, Titanium Dioxide, Sodium Benzoate, FD&C Yellow #6 Lake, Sodium Chloride, Glucose, Sodium Ascorbate, d-Alpha Tocopherol, Sodium Sulfate, Trace Metals.

Lactose Free

www.ICapsVitamins.com

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## EASY TO SWALLOW

ICAPS® Eye Vitamin & Mineral Supplement AREDS Formula contains the same antioxidants and zinc ingredients used in the Age-Related Eye Disease Study (AREDS) conducted by the National Eye Institute. AREDS is a ground-breaking, 10-year clinical study that proved the benefit of these high-potency antioxidant and zinc ingredients in certain patients at high-risk.† It is important to note that the high-potency Vitamin C, Vitamin E, and zinc ingredient levels found in ICAPS® Eye Vitamin AREDS Formula generally can be attained only by supplementation and not through diet alone.

**DELAYED RELEASE TABLETS:** ICAPS® Eye Vitamin & Mineral Supplements are the only major ocular vitamins with delayed-release tablets. These unique delayed-release tablets dissolve gradually, thereby contributing to greater absorption by the body and less stomach upset (which is common when taking high-potency vitamins and minerals, such as zinc).  
**EASY-TO-SWALLOW TABLETS:** Alcon Laboratories worked hard to formulate the high-level ingredients found in ICAPS® Eye Vitamin AREDS Formula into smaller, easy-to-swallow tablets.

## Lactose Free

**SMOKERS:** Please consult your eye care professional about the risks associated with smoking and using high levels of Beta Carotene.

1 Age-Related Eye Disease Study Research Group.  
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## LACTOSE FREE

ICAPS® Eye Vitamin & Mineral Supplement AREDS Formula is developed by Alcon Laboratories, the world-wide leader in eye care. Each ICAPS® Eye Vitamin AREDS Formula tablet is made of high quality ingredients and meets the rigorous quality-control standards of Alcon.

Alcon is involved in research studying the potential positive effects of antioxidants and other ingredients on preserving healthy vision. This ICAPS® Eye Vitamin AREDS Formula is Alcon's way of providing you with the important high-potency ingredients studied by the respected National Eye Institute. Ask your eye care professional about Alcon Laboratories and our commitment to eye health.

Specific lifestyle considerations, such as smoking, should be considered when choosing the proper formulation.

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Lot number & expiration date are printed on bottle inside of this package.  
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Actual Size



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