

Suggested use: As a dietary supplement, adults take two (2) tablets nightly, or as recommended by a physician.

Store product in a dry place at controlled room temperature (25°C / 77°F). Do not expose to excessive heat or moisture.

WARNING: Keep out of the reach of children. Do not use if you are pregnant or nursing, unless indicated by a physician.

AmeriSciences formulations are manufactured to over-the-counter (OTC) pharmaceutical standards at FDA-registered facilities, guaranteeing the highest quality possible.

Manufactured for: AmeriSciences®
5365 W. Sam Houston Parkway, N.
Houston, TX 77041

To report an adverse event,
contact us at the above address.

 AmeriSciences®

Sleep

Dietary Supplement
- 60 Tablets -

Supplement Facts

Serving Size: 2 Tablets

Servings per Container: 30

Amount Per Serving % DV*			Amount Per Serving % DV*		
Vitamin C (as ascorbic acid)	250 mg	420%	Zinc (as oxide and chelate)	6 mg	40%
Vitamin D (as cholecalciferol)	200 IU	50%	Selenium (as chelate)	50 mcg	70%
Thiamine (vitamin B1)	0.25 mg	15%	Copper (as chelate)	0.5 mg	25%
(as thiamine mononitrate)			Chromium (as polynicotinate and amino acid chelate)	60 mcg	50%
Riboflavin (vitamin B2)	0.35 mg	20%	Molybdenum (as amino acid chelate)	25 mcg	35%
Niacin (as niacinamide)	5 mg	25%	Potassium (as potassium chloride and amino acid chelate)	9 mg	< 1%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%	Proprietary Sleep Blend	260 mg	**
Folate (as folic acid)	200 mcg	50%	Valerian Concentrate (root), Citrus bioflavonoids, Chamomile (flower), Passionflower (herb), Peppermint (leaf), Soy extract (bean), Milk Thistle (herb), Grape (seed)		
Vitamin B12 (cyanocobalamin)	4 mcg	70%			
Biotin	75 mcg	25%			
Pantothenic acid (as d-calcium pantothenate)	2.5 mg	25%			
Calcium (as citrate and amino acid chelate)	125 mg	15%			
Iodine (as potassium iodide)	38 mcg	25%			
Magnesium (as oxide and amino acid chelate)	60 mg	15%			

* %Daily Value

** %Daily Value not established.

Other Ingredients: Microcrystalline and modified cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silicon dioxide, titanium dioxide, glycerine, polysorbate,

CONTAINS SOY INGREDIENTS

LOT:
BEST BY:



2027