

If your efforts to lose weight thus far have been thwarted, there could be a simple, physiological reason: low levels of serotonin.

There is significant evidence to suggest that people who suffer from even a slight imbalance in bodily serotonin levels may experience negative mood states, poor quality sleep, stronger-than-normal appetite, and increased food cravings.

PureBalance™ Serotonin Complex contains 5-HTP, the raw material the body uses to make serotonin, which may boost levels of this key neurotransmitter.* The actions of serotonin are reinforced with ingredients for:

- **Weight control.** Relora may alleviate stress and stress-related eating by regulating cortisol — a stress hormone that can cause weight gain.*
- **Stress management.** Rhodiola rosea helps the body adapt to stress, while L-Theanine increases the generation of relaxing alpha brain waves.*
- **Mood support.** Insufficient Vitamin D may negatively affect mood, while *Rhodiola rosea* has been used for centuries to promote a positive outlook.*
- **Sleep support.** L-Theanine encourages the transition from the beta brain waves of mental arousal to the theta brain waves of first sleep.*

RELORA

Relora® is a registered trademark
of Next Pharmaceuticals.

Quality of Life®: Sourced from Nature. Proven by Science.™

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



WEIGHT LOSS + MOOD SUPPORT

PureBalance™ Serotonin

with 5-HTP, Relora®,
L-Theanine & Rhodiola

Supports Healthy Weight Loss,*
Balanced Mood* and Restful Sleep*
Helps Relieve Stress*

Dietary Supplement • 90 Capsules

QUALITY OF LIFE LABS

SUGGESTED USE: Take 1 capsule three times daily before meals.

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value**	
Vitamin D3 (as cholecalciferol)	800IU	200%
5-HTP (L-5-hydroxy-tryptophan) (<i>Griffonia simplicifolia</i>) (seed)	100mg	†
L-Theanine	200mg	†
Relora® proprietary blend of standardized extracts of <i>Magnolia officinalis</i> (bark) and <i>Phellodendron amurense</i> (bark)	750mg	†
Rhodiola rosea extract (root) [Standardized for 5% Rosavins (18mg)]	360mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: vegetable cellulose, rice flour, modified food starch, corn starch, vegetable magnesium stearate (from plant oil) and silica (natural mineral).

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING. Keep out of reach of children. Store at room temperature. Consult your healthcare professional before use if you are pregnant or lactating, have or had a medical condition, or are taking prescription drugs.*

Manufactured for:



Purchase, NY 10577
914.251.0981



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Lot No.