

Prenatal Complete

Dietary Supplement 30 Softgels & 60 Tablets

Physician
Preferred
Formula



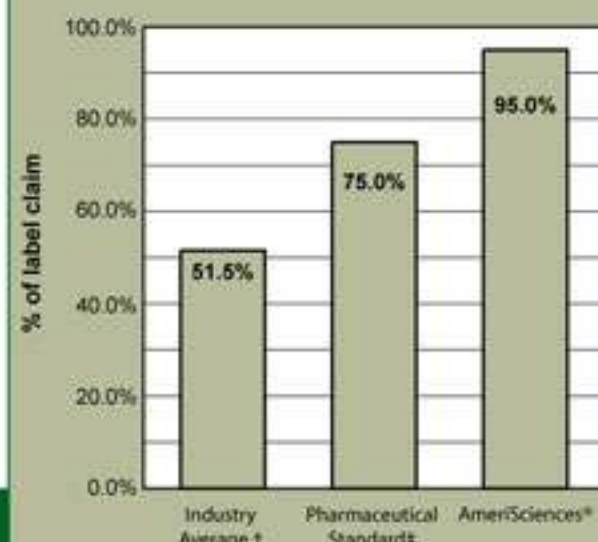
✓ Utilizes the highest quality pharmaceutical-grade omega-3 fatty acids from the purest sources.

✓ Made from premium natural ingredients



- Two-thirds of the tested prescription prenatal multivitamins in the market fail to appropriately release folic acid, a key prenatal nutrient. †
- AmeriSciences products are manufactured according to the highest quality standards.
- AmeriSciences high standards require a minimum of 95% dissolution.

Dissolution of Folic Acids



† Hoag, et al. "Failure of prescription prenatal vitamin products to meet USP standards for folic acid dissolution." *J Am Pharm Assoc.* 1997 Jul-Aug; NS37(4):396.

‡ USP31 <2040> Requirements are met if 75% of the labeled content is dissolved in 1 hour

Supplement Facts

Serving size: 2 Prenatal Tablets and 1 Omega Max Softgel

Servings per container: 30

	Amount per serving	%DV*
Calories	10	
Calories from Fat	9	
Total Fat	1 g	2%†
Polyunsaturated Fat	1 g	**
Vitamin A	5,000 IU	100%
(80% as mixed carotenoids and 20% as palmitate)		
Vitamin C (as calcium ascorbate)	120 mg	200%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	60 IU	200%
Vitamin K (as phytonadione)	40 mcg	50%
Thiamin (vitamin B1) (as thiamin mononitrate)	3 mg	200%
Riboflavin (vitamin B2)	3.4 mg	200%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folate (as folic acid)	1000 mcg	250%
Vitamin B12 (as cyanocobalamin)	12 mcg	200%
Biotin	300 mcg	100%

	Amount per serving	%DV*
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	300 mg	30%
Iron (as ferrous bis-glycinate)	22.5 mg	125%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	120 mg	30%
Zinc (as zinc citrate dihydrate)	15 mg	100%
Selenium (as selenium amino acid chelate)	60 mcg	86%
Copper (as copper amino acid chelate)	2 mg	100%
Manganese (as manganese amino acid chelate)	2 mg	100%
Chromium (as chromium polynicotinate)	120 mcg	100%
Molecularly Distilled Fish Oil	1000 mg	**
(derived from sardine, anchovy, mackerel)		
Provides EPA (eicosapentaenoic acid)	360 mg	**
Provides DHA (docosahexaenoic acid)	240 mg	**
Proprietary Prenatal Blend	743 mg	**
Microencapsulated Choline Bitartrate, Ginger Root Extract		

* % Daily Value ** Daily Value not established
† Percent Daily Values are based on a 2,000 calorie diet

Manufactured for: AmeriSciences®
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Other Ingredients: gelatin, microcrystalline and modified cellulose, purified water, glycerin, croscarmellose sodium, polyethylene glycol, stearic acid, sodium stearyl fumarate, acacia, calcium silicate, silicon dioxide, titanium dioxide, methacrylic acid copolymers, triacetin, triethyl citrate, vanillin

Suggested use: As a dietary supplement, take two (2) tablets of Prenatal and one (1) softgel of Omega Max daily, preferably in the morning, or as recommended by a physician.

Store product in a dry place at controlled room temperature (25° C / 77°F). Do not expose to excessive heat or moisture.

WARNING: Keep out of the reach of children.

AmeriSciences formulations are manufactured to over-the-counter (OTC) pharmaceutical standards at FDA-registered facilities, guaranteeing the highest quality possible.

Prenatal Complete includes:



Prenatal

A premium multivitamin specially formulated to address the needs of expectant and lactating mothers.*
1 bottle (60 Tablets)



Omega Max

Clinical studies suggest that a molecularly distilled, highly potent, pharmaceutical-grade source of omega-3 fatty acids may help fetal brain development.*
1 bottle (30 Softgels)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.