

Based on Science, Supported by Research®
FORMULATED BY A CARDIOLOGIST

DIRECTIONS

Suggested Usage: As a dietary supplement adults take 1-2 softgels twice daily with meals or as directed by your physician. Children and pregnant or nursing women should take an amount recommended by your physician.

PRESERVATIVE FREE

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.*

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place (59°-77°F/15°-25°C) (35-65% relative humidity). Tamper resistant package, do not use if outer seal is missing.



Helps Maintain Healthy Triglycerides
and Good Cholesterol (HDL) Levels

Heart and Mind Aid®

A Dietary Supplement • 120 Softgels



- High concentration of DHA and EPA per softgel
- DHA is essential for brain development, heart and brain function throughout life
- Pharmaceutical Grade
- Natural lemon flavor, no aftertaste
- Ultra purified with molecular distillation
- Cholesterol-Free
- Free of harmful levels of contaminants (i.e. heavy metals, PCBs)

Supplement Facts

Serving Size 1 Softgel.

Servings Per Container 120

	Amount Per Serving	% DV
Omega-3 Fatty Acids	750 mg	†
Eicosapentaenoic Acid (EPA)	400 mg	†
Docosahexaenoic Acid (DHA)	300 mg	†
Other Omega-3 Fatty Acids	50 mg	†
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Values not established.

Other Ingredients: Omega-3 Fish Oil, Capsule (gelatin, glycerin and purified water), Natural Lemon Flavor, Proprietary Antioxidant Blend (consisting of rosemary extract, ascorbyl palmitate and natural tocopherols).

Do not eat freshness packet. Keep in bottle.

Contains fish (sardines, anchovies, mackerel) and soy derivatives. Contains no sugar, salt, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives.

This product is PCB tested and guaranteed to be within Prop 65 limits.

MANUFACTURED IN THE USA FOR REAL NATURAL REMEDIES, LLC
7610 CARROLL AVENUE • SUITE 300 • TAKOMA PARK, MD 20912
PHONE: 301-891-1070 • www.realnaturalremedies.com