

MM6 FOR WOMEN

Premium Dietary Supplement
30 Daily Packets



Cardio
Formula*



Omega-3
Support*



Bone
Formula*



Antioxidant
Formula*



Complete
Multivitamin*



Women's
Formula*

Supplement Facts

Serving Size: 1 Packet
Servings per container: 30

	Amount Per Serving	%DV*
Calories	10	
Calories from Fat	9	
Total Fat	1 g	2%†
Polysaturated Fat	1 g	**
Vitamin A (as vitamin A palmitate and 35% as mixed carotenoids)	5,000 IU	100%
Vitamin C (as ascorbic acid)	200 mg	330%
Vitamin D (as cholecalciferol)	2000 IU	500%
Vitamin E (as natural d-alpha tocopheryl succinate and mixed tocopherols)	100 IU	330%
Vitamin K (as phytonadione)	80 mcg	100%
Thiamine (vitamin B1) (as thiamine mononitrate)	2.25 mg	150%
Riboflavin (vitamin B2)	2.55 mg	150%
Niacin (as inositol hexanicotinate and niacinamide)	30 mg	150%
Vitamin B6 (as pyridoxine hydrochloride)	28 mg	1400%
Folate (as folic acid)	600 mcg	150%
Vitamin B12 (as cyanocobalamin)	9 mcg	150%
Biotin	500 mcg	170%
Pantothenic acid (as d-calcium pantothenate)	15 mg	150%
Calcium (as calcium citrate and calcium carbonate)	500 mg	50%
Iron (as Ferrochel® ferrous bisglycinate chelate)	9 mcg	50%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium oxide and magnesium chelate)	300 mg	75%

	Amount Per Serving	%DV*
Zinc (as zinc amino acid chelate)	15 mg	100%
Selenium (as selenium amino acid chelate)	100 mcg	140%
Copper (as copper amino acid chelate)	1 mg	50%
Manganese (as manganese amino acid chelate)	4mg	200%
Chromium (as chromium polynicotinate)	200 mcg	170%
Molybdenum (as molybdenum amino acid chelate)	56 mcg	75%
Vanadium (as vanadyl sulfate)	50 mcg	**
Omega-3 Fatty Acid Blend (molecularly distilled fish oil derived from sardine, anchovy, mackerel)	1000 mg	**
Provides EPA (eicosapentaenoic acid)	360 mg	**
Provides DHA (docosahexaenoic acid)	240 mg	**
Total EPA & DHA (omega-3 fatty acids)	600 mg	**
Proprietary Antioxidant Support Blend	470 mg	*
Mixed Carotenoid Blend (standardized to lutein, lycopene, beta-carotene and astaxanthin, with zeaxanthin and other carotenoids)		
Alpha Lipoic Acid, Quercetin (bioflavonoid), Choline Bitartrate, Inositol, Pine Bark Standardized Extract, Resveratrol (from Polygonum spp. root), N-acetylcysteine		
Proprietary Women's Formula & Bone Support Blend	233 mg	**
Cranberry Concentrate (fruit), Soy Isoflavone Extract (bean), Horse Chestnut Extract (seed), Chaste Tree Berry Extract (fruit), Boron (as boron amino acid chelate)		
* % Daily Value		
** Daily Value not established		
† Percent Daily Values are based on a 2,000 calorie diet		

Other Ingredients: Microcrystalline cellulose, gelatin, croscarmellose sodium, stearic acid, purified water, glycerine, magnesium stearate, polyethylene glycol, maltodextrin, silicon dioxide, sodium alginate, pharmaceutical glaze, hypromellose, talc, titanium dioxide, caramel, carmine, polydextrose, medium chain triglycerides, polyvinyl alcohol, macrogol, acetylated monoglycerides, polysorbate 80, potassium sorbate, vanillin.
CONTAINS FISH (ANCHOVY, SARDINE, MACKEREL), SOYBEAN AND TREE NUT (HORSE CHESTNUT) INGREDIENTS. Ferrochel is a registered trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 7,838,042 and patents pending.

MM6 For Women

Each MM6 For Women packet contains:

(2) Premium Multivitamin Tablets (red), (2) Women's Complete tablets (pink), (1) Osteo Complete tablet (white) and (1) Omega Max softgel capsule (clear)

SUGGESTED USE: As a dietary supplement, adults take the contents of one MM6 daily packet every day, preferably with a meal or as recommended by a healthcare provider. Contents may be taken together or separately throughout the day.

Store product in a dry place at controlled room temperature (25°C / 77°F). Do not expose to excessive heat or moisture. The coating of each tablet is 100% natural and contains no artificial colors. Therefore, color variations may occur but this does not affect the quality of the product.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: Keep out of the reach of children. Do not use if you are pregnant or nursing. Consult with your physician prior to taking this product if you suffer from a known health condition or take prescription medications.

AmeriSciences formulations are manufactured to over-the-counter (OTC) pharmaceutical standards at FDA-registered facilities, guaranteeing the highest quality possible.

California residents only (Proposition 65 statutory warning for consumer products):

WARNING: This product contains a chemical known to the State of California to cause cancer and birth defects or other reproductive harm.

QUALITY

Pharmaceutical
Grade

CONTROLLED

Manufactured for: AmeriSciences

5365 W. Sam Houston Parkway, N. • Houston, TX 77041
To report an adverse event, contact us at the above address.

ver. 11-23-11



AmeriSciences MM6 features the unmatched benefits of six different premium formulations addressing the most comprehensive needs of the modern woman, all in one convenient daily packet.



Cardio Formula*



Women's Formula*



Omega-3 Support*



Multivitamin Formula*



Bone Formula*



Antioxidant Formula*

Each MM6 daily packet contains:

- **2 Premium Multivitamin tablets (red)**, providing a complete multivitamin & mineral formulation with added B-complex for stress support, along with a proprietary blend of antioxidants for visual health and cellular protection against free radicals and aging*
- **2 Women's Complete tablets (pink)**, comprised of a unique blend of ingredients that promotes female wellness (hormones, urinary tract, leg veins), and also may support the growth of healthy hair, skin and nails.*
- **1 Osteo Complete tablet (white)**, a source of calcium citrate and added vitamin D for the support of healthy bone tissue.*
- **1 Omega Max softgel capsule (clear)**, a molecularly distilled, highly potent, pharmaceutical-grade source of omega-3 fatty acids. Clinical evidence suggests that EPA and DHA (the active compounds found in Omega Max) promote cardiovascular benefits as well as other functions such neurological, anti-inflammatory and immune health.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.