

Healthy B Vitamin Boost

Dietary Supplement . 30 Parkers

Supplement Facts

Serving size: 1 packet (0.6 oz)

Amount	per serving	% Daily Value
Calories	62	
Total Carbohydrate	15 g	5%*
Sugars	15 g	t
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin E (as dl-alpha tocopheryl acetate)	15 IU	50%
Thiamin (vitamin B1) (as thiamin mononitra	te) 1.5 mg	100%
Riboflavin (vitamin B2)	3 mg	176%
Niacin (as niacinamide)	17.5 mg	88%
Vitamin B6 (as pyridoxine hydrochloride)	13 mg	650%
Folate (as folic acid)	180 mcg	45%
Vitamin B12 (as cyanocobalamin)	21 mcg	350%
Pantothenic acid (as d-calcium pantothena	te) 48 mg	480%
Zinc (as zinc citrate)	4.5 mg	30%
Copper (as cupric oxide)	0.5 mg	25%
Manganese (as manganese sulfate)	2.6 mg	130%
Chromium (as chromium polynicotinate)	120 mcg	100%
Potassium (as potassium citrate)	25 mg	< 1%
Proprietary Blend: Taurine, Glycine, Caffeine	450 mg	Ť

Percent Daily Values are based on a 2000 calorie diet
Daily Value not established

Other Ingredients:

Fructose, citric acid, natural and artificial flavors, stevia lea extract, silicon dioxide.

Suggested use: Add the contents of one packet to 8 oz. of chilled water or fruit juice and drink 1 - 2 times daily as a dietary supplement.

Store product in a dry place at controlled room temperature (25° C / 77°F). Do not expose to heat or moisture.

Caution: Keep out of the reach of children. Do not use if you are pregnant or nursing, unless indicated by a physician. The recommended serving of this product contains about as much caffeine as a half cup of coffee. Do not consume more than four servings a day. Not recommended for use by children under 18 years of age.

AmeriSciences formulations are manufactured to over-the-counter (OTC) pharmaceutical standards at FDA-registered facilities, guaranteeing the highest quality possible.

Manufactured for: AmeriSciences® 5365 W Sam Houston Pkwy N, Houston, TX 77041 To report an adverse event, contact us at the above address.