This product was co-developed by AmeriSciences in cooperation with NASA/Johnson Space Center as a complete source of micronutrients for use by the astronaut corps.

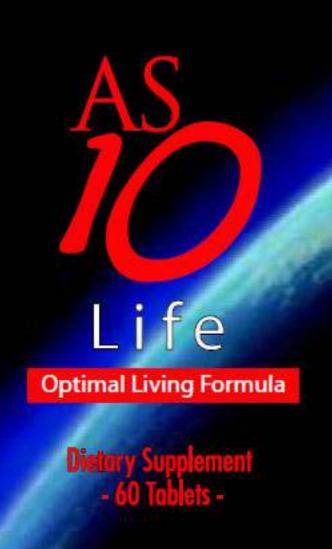
Suggested use: Adults take two (2) tablets daily, preferably with AS10 Juice Blend or a meal, or as recommended by a physician.

Store product in a dry place at controlled room temperature (77°F) Do not expose to excessive heat or moisture.

Warning: Keep out of the reach of children. Do no use if pregnant or nursing.

Manufactured for: AmeriSciences® 5365 W. Sam Houston Pkwy N. Houston, TX 77041 To report an adverse event, contact us at the above address.





Supplement Facts

Serving Size: 2 tablets Servings per container: 30

Amount Per Serving	- 0	% DV*	Amount Per Serving	% DV*	
Vitamin A (as vitamin A palmitate and 35% as mixed	5000 IU		Zinc (as zinc chelate) 15 m Selenium 100 mc		
Vitamin C (as ascorbic acid)	150 mg	250%	Selenium 100 mc (as selenium chelate)	g 145%	
Vitamin D (as cholecalciferol)	1000 IU	250%	Copper (as copper chelate) 1 m	g 50%	
Vitamin E (as d-alpha tocopher) succinate and mixed tocophe		333%	Manganese 4 m (as manganese chelate)		
Vitamin K (as phytonadione)	80 mcg	100%	Part State Control of the Control of	g 167%	
Thiamine (vitamin B1)	2.25 mg	150%		***************************************	
(as thiamine mononitrate)			Molybdenum 56 mcg 75%	g 75%	
Riboflavin (vitamin B2)	2.55 mg	150%	(as molybdenum chelate)	35	
Niacin (as inositol hexanicotinat and niacinamide)	e 30 mg	150%	Boron (as boron chelate) 1 r	ng **	
Vitamin B6 (as pyridoxine HCl)	3 mg	150%	Vanadium (as vanadyl sulfate) 50 m		
Folate (as folic acid)	600 mcg	150%			
Vitamin B12 (as cyanocobalamin) 9 mcg		150%	Proprietary AS10 Life Blend 470 m		
Biotin	450 mcg	150%	Mixed carotenoid complex (standardized to beta-carotene, lutein, lycopene and astaxanthin, with zeaxanthin and other carotenoids), alpha lipoic acid, citrus bio- flavonoids, choline bitartrate, inositol, pine bark extract, resveratrol, N-acetylcysteine.		
Pantothenic acid (as d-calcium pantothenate)	15 mg	150%			
Calcium (as calcium carbonate and cite	250 mg rate)	25%			
lodine (from kelp)	150 mcg	100%			
Magnesium (as magnesium oxide and che	100 mg elate)	25%	* % Daily Value ** Daily Value not established		

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silicon dioxide, maltodextrin, carmine, titanium dioxide, hypromellose, caramel, polydextrose, talc, polyvinyl alcohol.