

*The Foundation
is Science, Not Hype**



IT CONTAINS THE NUTRIENTS PROVEN
ESSENTIAL FOR OPTIMAL HEALTH.*

NOTHING MORE, NOTHING LESS.

MEDIA COVERAGE DOESN'T GET AN
ITEM ADDED TO THIS FORMULA. IT
TAKES UNQUESTIONABLE EVIDENCE.*

THAT EVERY INGREDIENT IS
SOMETHING YOUR BODY NEEDS
IN PRECISE PROPORTIONS.*

ANYTHING LESS WOULD BE... WELL,
JUST ANOTHER MULTIVITAMIN.

* These statements have not been evaluated by the Food
and Drug Administration. These products are not intended
to diagnose, treat, cure or prevent any disease.

Manufactured for:

aProvenProduct.com
2109 Richmond Rd. Ste.130-185,
Lexington, KY 40509

LOT# 12042002
EXP 08/2014



The
FOUNDATION™
MULTIVITAMIN
Essential Ingredients For Solid Health

DIETARY SUPPLEMENT
30 TABLETS



Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	%RDA*
Vitamin A (as Retinyl Palmitate)	1620 IU	32%
Vitamin C (as Ascorbic Acid)	500 MG	840%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (D-Alpha Tocopherol Acetate)	200 IU	666%
Vitamin K2 (as Menaquinone 7)	228 MCG	300%
Vitamin B1 (as Thiamine HCL)	8 MG	533%
Vitamin B2 (Riboflavin)	8 MG	400%
Vitamin B6 (Pyridoxine HCL)	7 MG	350%
Vitamin B12 (Cyanocobalamin)	100 MCG	1670%
Biotin	200 MCG	66%
Vitamin B5 (Pantothenic Acid)	20 MG	200%
Zinc (as Zinc Citrate)	15 MG	100%
Selenium	70 MCG	100%
Copper	2.5 MG	125%
Manganese	5 MG	250%
Chromium	120 MCG	100%
Potassium	100 MG	4%
Boron:	3 MG **	-

* %RDA Based on a 2000 calorie diet

**No RDA Established

Other Ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Silica
(as Bamboo Extract) Hypromellose, Triacetin, Talc, Carnauba Wax

Suggested Use: Take one tablet daily