

GNC PRO PERFORMANCE®

LEAN MUSCLE MEAL

GREAT-TASTING MUSCLE MEAL



40 GRAMS OF HIGH-QUALITY PROTEIN

ONLY 250 CALORIES

8 GRAMS OF FIBER

26 ESSENTIAL VITAMINS & MINERALS

NET WT 68 G (2.4 OZ)

Directions: Add contents of one packet (68 g) to 10 fl. oz. of cold water, milk or juice and thoroughly mix in a shaker or blender.

Serving Size One Packet (68g)

Amount Per Serving

Calories	250
Calories from Fat	20
% Daily Value†	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 80mg	3%
Potassium 950mg	27%
Total Carbohydrate 18g	6%
Dietary Fiber 8g	32%
Sugars 1g	
Protein 40g	
Vitamin A	20%
Vitamin C	25%
Calcium	45%
Iron	4%
Vitamin D	25%
Vitamin E	25%
Vitamin K	25%
Thiamin	25%
Riboflavin	25%
Niacin	25%

INGREDIENTS: Protein Blend (Whey Protein Concentrate, Milk Protein Concentrate, Calcium Caseinate, Egg Albumen), Partially Hydrolyzed Guar Gum, Maltodextrin, Natural and Artificial Flavors, Vitamin/Mineral Blend (Potassium Phosphate, Magnesium Oxide, Maltodextrin, Ascorbic Acid, d-alpha Tocopheryl Acetate, Niacinamide, Zinc Oxide, d-Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Molybdenum Amino Acid Chelate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Folic Acid, Biotin, Potassium Iodide, Chromium, Phytonadione, Sodium Selenite, Cholecalciferol, Cyanocobalamin), Lecithin, Fatty Acid Blend (CLA, Flaxseed Oil Powder, Safflower Oil Powder, MCT Powder, Olive Oil Powder, Borage Oil Powder, Evening Primrose Oil Powder), Sucralose, Acesulfame Potassium.

CONTAINS: Eggs, Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

SHOP NOW @ GNC.COM

1-888-462-2548

For More Information:

LIG

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222

MADE IN USA