Suggested use: Dissolve two scoops (approx. 39 grams) in a glass of water or your favorite beverage and drink prior to workout. Dose may be increased based on activity level, and may be repeated as needed.

Caution: Keep out of the reach of children. Do not use if you are pregnant or nursing.

Store product in a dry place at controlled room temperature (25°C/77°F). Do not expose to excessive heat or moisture. Settling may occur and does not affect product quality.

Supplement Facts

Serving Size: 2 scoops (39 g) Servings Per Container: 10

Amount per Serving		%DV*
Calories	135	
Calories from Fat	10	
Total Fat	1,50	2%1
Saturated Fat	0.50	2%
Cholesterol	30 mg	10%1
Total Carbohydrate	15 0	5%1
Dietary Fiber	20	8%1
Sugars	50	***
Protein	150	36%1
Calcium	50 mg	5%
Sodium	75 mg	3%
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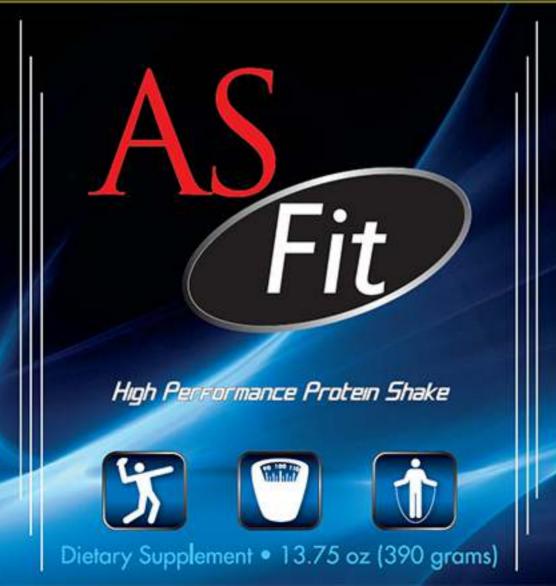
AS Fit Proprietary Blend 36 g
Protein Blend (whey protein concentrate, whey protein isolate,
cocca, nonfat dry milk), Malkodextrin, Dextrose, Amino Acid Blend
(L-arginine, L-glutamine, arginine alpha-ketoglutarate, L-camitine
L-tartrate, taurine), CLA (conjugated linoleic acid), Lactase

* %Daily Value ** %Daily Value not established. †Percent Daily Value based on 2,000 calorie diet.

Other Ingredients: Natural and artificial flavors, cellulose gum, salt, stevia leaf extract, CONTAINS MILK AND SOY.

Manufactured for: AmeriSciences® 5365 W. Sam Houston Pkwy N. Houston, TX 77041

To report an adverse event, please contact us at the address to the left.



= Chocolate Flavor ===

Sports • Weight Management • Fitness

This professional strength product is a comprehensive blend of protein, complex carbohydrates and amino acids scientifically formulated as both a peak performance product and a weight management product in one great tasting chocolate shake mix. Formulated to promote training efficiency and metabolism, AS Fit goes one step further with complementary ingredients including Conjugated Lincleic Acid (CLA) for fat mass reduction and increased lean body tissue, and L-arginine for enhanced cardiovascular endurance. *

Whether you are a professional athlete, weekend warrior or simply a person serious about your weight, AS Fit is the perfect product to provide your body with the nutrients it needs to get the most out of your exercise.

Safe and effective — Every single batch of AS Fit produced is certified by the Banned Substance Control Group as banned substance free.

Give the quality of AS Fit a chance to change your performance and body for the better!



A sample of the batch from which this product was streamed was analyzed for substances benned by sport his substances were found above the detection limits.

Please see details at west bugging



 These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

