

Directions: Take Reds Complete once or twice daily, with 8-12 oz of water or juice. 1 scoop for adults, 1/2 scoop for children. Reds Complete is also great for adding to delicious smoothies, or add to hot water for a fruity cup of tea.

We suggest you drink 6-8 glasses of pure water daily.

Reds Complete is an unsurpassed phytonutrient rich super-food which contains more than 70 uniquely combined Nutraceutical ingredients.

Reds Complete is an economical and convenient way to drink your fruits and fiber, and is enhanced with enzymes which aid in digestion and detoxification.

Reds Complete is formulated with ORAC Super 7™, a unique proprietary antioxidant blend from Natures Answer. ORAC Super 7™ contains a hand-selected combination of some of the world's most powerful, high ORAC scoring berry fruits and extracts. ORAC stands for Oxygen Radical Absorbance Capacity, and describes a laboratory analysis of the antioxidant activity against free radicals that cause damage to cell membranes.

Reds Complete supports a healthy aging process, helping to maintain vascular and immune system functions, while helping to meet your USDA recommended requirement for eating 9-10 servings of fruits and vegetables.

Reds Complete contains: No dairy, no wheat, no artificial color, no artificial flavors, no MSG, no lactose, no sucrose, no eggs, no cholesterol, no yeast, and no added salt.

REFRIGERATE AFTER OPENING & USE WITHIN 90 DAYS!



Since 1972

This product is sold by weight, not volume, therefore, settling of contents may occur during shipping and handling.

THE WORLD'S MOST POWERFUL SUPERFOOD™
FORMULATED & DISTRIBUTED BY
NATURES ANSWER®
85 COMMERCE DRIVE, HAUPPAUGE, NY 11788
1-800-439-2324 • FAX 631-273-4394
PRODUCT OF U.S.A.

VISIT OUR WEB SITES
www.naturesanswer.com &
www.greentoday.com



27450 Rev. 1/09

REDS TODAY
HAVE YOU HAD YOUR REDS TODAY?

ORAC SUPER 7

An Antioxidant Formula
to Support Healthy Aging**

Great Taste!

REDS COMPLETE

Loaded with High ORAC Fruits & Berries

Dietary Supplement
Net Wt. 8.8 OZ (261 G)

Supplement Facts

Serving Size 1 Scoop (8.7g) • Servings Per Container 30

Amount Per Serving	% Daily Value*
Calories	35
Calories from Fat	10
Total Fat	1 g <2%
Total Carbohydrate	6 g 2%
Dietary Fiber	1 g 4%
Sugars	3 g †
Protein	0.5 g 2%
Vitamin A (as beta carotene)	85 IU 1%
Vitamin C (as ascorbic acid)	60 mg 100%
Calcium (as citrate)	10 mg 1%
Vitamin B1 (as thiamin)	1.5 mg 100%
Vitamin B2 (as riboflavin)	1.7 mg 100%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 100%
Vitamin B12 (as cyanocobalamin)	8 mcg 133%
Pantothenic Acid	10 mg 100%
Phosphorus (as di-sodium phosphate)	10 mg 1%
Magnesium (as citrate)	10 mg 2%
Zinc (as oxide)	15 mg 100%
Copper (as gluconate)	2 mg 100%
Sodium	20 mg <1%
Flax Seed	125 mg †
Rice Bran	125 mg †

Amount Per Serving	% Daily Value*
Eleuthero Root	100 mg †
Soy Protein**	500 mg †
Enzyme Blend:	100 mg †
Protease, Amylase, Lipase	
Red Wine Polyphenols	50 mg †
Colloid Powder	44 mg †
ORAC Super 7™	12 mg †

Proprietary Bio-Active Blend:

Highly concentrated extracts of Mangosteen, Red Coffee, Muscadine Grape, Goji, Acai, Pomegranate & Blueberry Fruits.

Proprietary Fruit & Vegetable Extract 2086 mg †
Cranberry, Tomato, Red Raspberry, Passion Fruit, Strawberry, Apple, Cherry, Carrot, Blood Orange, Papaya, Peach, Mango, Black Currant, Watermelon, Nectarine, Pear, Pomegranate, Goji, Orange, Bilberry, Apricot, Cantaloupe, Kiwi, Pineapple, Starfruit, Guava, Plum, Prune, Grape, Blackberry, Grape Seed Extract 95%; HiActives of Wild Blueberry, Cranberry, Tart Cherry, Prune, Raspberry Seed, and Strawberry Powders; Resveratrol, Quercetin.

*Percent Daily Value are based on a 2,000 calorie diet.

† Daily Value not established.

**Soy Protein is Non-GMO.

Other Ingredients: Fructose, Lactitol, Stevia, Natural Orange Flavor, Silica, Maltodextrin, Cornstarch, Citric Acid, Ascorbic Acid, Natural Grape Flavor.

Contains Soy.

Tamper proof seal. Do not use if broken or removed!

Call 1-800-439-2324 for product information,
or access our website: www.greentoday.com

