

GNC PRO PERFORMANCE®

PROCRUNCH™ LITE

12 Grams of Quality Protein

56% Fewer Calories
than Original Pro Crunch™ Bars

Natural Flavor

Peanut Butter Cup

12 - 35 G (1.2 OZ) BARS • NET WT 420 G (14.7 OZ)

CODE 386013

1KG

Directions: To supplement your daily protein requirements, consume 1-3 Pro Crunch™ Lite Bars daily.

Nutrition Facts

Serving Size 1 Bar (35g)
Servings per Container 12

Amount Per Serving

Calories 140

Calories from Fat 35

% Daily Value†

Total Fat 6g **9%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **9%**

Total Carbohydrate 14g **5%**

Dietary Fiber 2g **9%**

Sugars 7g

Protein 12g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 8%

†Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Soy Crisps (Non-GMO Isolated Soy Protein and Tapioca Starch), Chopped Peanuts, Corn Syrup, Peanut Flavored Coating (Sugar, Palm Kernel Oil, Partially Defatted Peanut Flour, Non Fat Dry Milk Solids, Peanut Oil, Salt, and Soya Lecithin [an Emulsifier]), Peanut Flour, Gum Arabic, Glycerin, Evaporated Cane Juice, Water, Natural Flavor, Salt, Sucralose, Soya Lecithin.

CONTAINS: Milk, Peanuts and Soybeans.

May contain (or manufactured in a facility that processes) eggs, nuts (or treenuts) and wheat.

STORE IN A COOL, DRY PLACE.



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For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

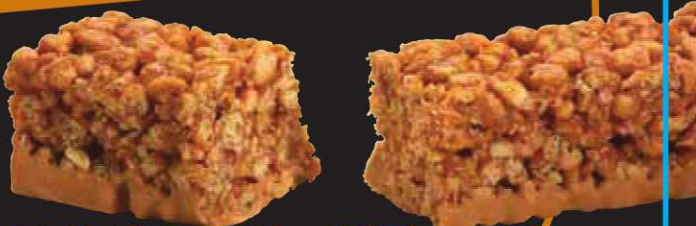
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Pittsburgh, PA 15222
MADE IN CANADA

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