

- Glutamine 1000mg
- Electrolytes 704mg
- Panax Ginseng 100mg
- Milk Thistle 50mg
- Multiple Vitamins
- Minerals
- Gluten Free



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PRODUCT FUNCTION:

This GOOD4U Recovery Formula has multiple vital ingredients, such as glutamine and electrolytes. Recovery is formulated with ingredients to address muscle and joint fatigue, for rapid recovery.***

HI, ME, OR, CT, NY & CA CASH REFUND



PLEASE RECYCLE

Store between 60°F and 85°F



BALANCED WITH STEVIA
25
CALORIES
PER 8 FL. OZ. SERVING

GOOD4U
100% Natural



cactus starfruit

16 FL. OZ. (473ML)

**athletic
supplement**

SHAKE WELL
REFRIGERATE AFTER OPENING

GOOD4U
100% Natural

DIRECTIONS: Drink 8 Fl. Oz. (half bottle), 1 to 4 times per day, as needed. For best results consume during or within 30 minutes after activity. Consume daily for best results. Vitamin and herbal blends may settle, please shake well if needed.

Supplement Facts

Serving Size 8 fl. oz. (237mL)
Servings Per Container 2

Amount Per Serving		%DV*
Calories	25	
Total Carbohydrate	7g	2%
Sugars	5g	
Vitamin D	33IU	8%
Riboflavin	0.3mg	18%
Vitamin B6	1mg	50%
Vitamin B12	3mcg	50%
Calcium	3mg	<1%
Magnesium	3mg	<1%
Sodium	55mg	2%
Potassium	60mg	2%

L-Glutamine	500mg	**
Proprietary Blend	125mg	**
Astragalus Root Extract		
Ginseng Root Powder		
Milk Thistle Seed Extract		

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value Not Established

CAUTION: If pregnant or breastfeeding, consult a health care practitioner before use. Discontinue use if an allergic reaction occurs. Do not consume more than 946 ml (2 bottles) per day. If you do not consume the full bottle after opening, please refrigerate, and consume within 24 hours. Do not purchase if seal is broken.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OTHER INGREDIENTS: Non-Carbonated Filtered Water, Cane Sugar, Glucose, Natural Flavors, Citric Acid, Monopotassium Phosphate (Electrolyte), Sodium Chloride (Electrolyte), Rebadioside A (Stevia Extract), Purple Carrot and Blueberry (For Color), Calcium Lactate Gluconate, Magnesium Lactate Dihydrate, Pyridoxine Hydrochloride (Vitamin B6), Vitamin D3, Riboflavin (Vitamin B2), Cyanocobalamin (Vitamin B12).
GOOD4U contains no artificial ingredients or preservatives.

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