

AMERICAN  HEALTH®

TAM®

HERBAL LAXATIVE

Supports Regularity*
Vegetarian Formula

100 Tablets
Dietary Supplement

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 50

Amount Per Serving	%Daily Value
Cascara Sagrada 78 mg ** (<i>Rhamnus purshiana</i>) (bark)	
Senna Extract 438 mg ** (<i>Cassia angustifolia</i>) (leaf) (contains not less than 8 mg of Sennosides)	
Herbal Proprietary Blend 100 mg ** Contains: Fennel Seed, Licorice Root, Uva Ursi Leaves	

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

DIRECTIONS: For adults, take two (2) tablets three times daily, or six (6) tablets at night before retiring.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Suitable for Vegetarians and Vegans

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TAM® herbal laxative tablets contain all-natural herbs to help with occasional constipation.* Our formula brings together the holistic properties of Cascara Sagrada and Senna, two popular herbs that help promote regularity.* TAM® herbal laxative tablets contain no harsh synthetics, so you can be assured of gentle, yet efficient, cleansing.*

WARNING: Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

NOTICE: This product contains Cascara Sagrada (*Rhamnus purshiana*) and Senna (*Cassia angustifolia*). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada and Senna may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

Carefully Manufactured by
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