

NUTRI-MEGA®

Super Potency
DIETARY SUPPLEMENT
with
ANTIOXIDANTS

CERTIFIED
100%
NATURAL **E**
d-ALPHA

120 SOFTGELS



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	%Daily Value
Calories	20
Calories from Fat	15
Total Fat	1.5 g 2%*
Total Carbohydrate	<1 g <1%*
Protein	<1 g 2%*
Vitamin A (from Retinyl Palmitate, 40% as Beta-Carotene and Fish Liver Oil)	10,000 IU 200%
Vitamin C (as Ascorbic Acid and Rose Hips)	300 mg 500%
Vitamin D (from D3 Cholecalciferol and Fish Liver Oil)	400 IU 100%
Vitamin E (as d-Alpha Tocopherol plus Beta, Gamma and Delta Tocopherols)	300 IU 1,000%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%
Riboflavin (Vitamin B-2)	50 mg 2,941%

Amount Per Serving	%Daily Value
Niacin (as Niacinamide)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin (as d-Biotin)	50 mcg 17%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	200 mg 20%
Iron (as Ferrous Fumarate)	15 mg 83%
Phosphorus (as Dicalcium Phosphate)	50 mg 5%
Iodine (as Kelp)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Citrate)	15 mg 100%
Selenium (as Selenium Yeast)	25 mcg 36%
Copper (as Copper Gluconate)	2 mg 100%
Manganese (as Manganese Sulfate)	10 mg 500%

Amount Per Serving	%Daily Value
Chromium (as Chromium Picolinate)	3 mcg 3%
Potassium (as Potassium Citrate)	30 mg 1%
Garlic Oil (<i>Allium sativum</i>) (bulb)	135 mg **
Soy Lecithin	80 mg **
Choline Bitartrate	50 mg **
PABA (Para-Aminobenzoic Acid)	50 mg **
Citrus Bioflavonoid (<i>Citrus sinensis</i>) (fruit)	30 mg **
Rutin	10 mg **
Royal Jelly	5 mg **
RNA (Ribonucleic Acid)	2 mg **
DNA (Deoxyribonucleic Acid)	2 mg **
Boron (as Boron Amino Acid Chelate)	1 mg **
Coenzyme Q-10	100 mcg **
Inositol	50 mcg **
Octacosanol	10 mcg **

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Gelatin, Soybean Oil, Vegetable Glycerin, Natural Caramel Color, Titanium Dioxide Color.

Contains soy and fish (haddock, cod, pollock, shark) ingredients.

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal.

No Gluten, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Sugar, No Preservatives, No Artificial Flavor, No Sodium.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast, bees or bee products. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
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