

Call us toll free at: **1-800-925-1371**



RUVED Inc.
a subsidiary of Ayush Herbs Inc.
Redmond, WA
Toll Free: **1-800-925-1371**
www.ruved.net

Statements herein have not been evaluated by the U.S. Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease or condition.



Regu-Cycle™
Female Health Support



Ayurvedic Energetics:

Guna: Light and dry
Rasa: Bitter, astringent
Vipak: Pungent
Virya: Cold
Prabhav: Rasayan, Artav Janya,
Varnaya (adaptogen, regulator
of menses and promoter of beauty)

Regu-Cycle™ is an herbal formulation for the support of women's complaints of menstrual irregularity, painful menses and other hormonal imbalances. The formulation contains *Saraca indica*, *Centella asiatica*, *Symplocos racemosa*, *Bamboo manna* and *Aloe vera*. *Saraca indica* is rich in tannins, catechins and iron. Regucycle™ also contains Pyridoxal-5-phosphate, an active form of Vitamin B-6, which has been shown to help with menstrual related mood changes.



Naturally Grown
Himalayan Herbs



In-house Manufactured
to ensure Purity



Third Party Tested
for Heavy Metals

Suggested Use:
1 Capsule three times daily
or as directed by you physician.
For more information on these herbs
and research, please visit our website at
www.ruved.net

Other ingredients: Vegetarian Capsule (Cellulose
and Chlorophyll). Free from Milk, Soy, Egg and Whee

Supplement Facts			
Serving Size: 1 Capsule Servings Per Container: 60			
Ingredients :	Amount per Capsule	%DV	
Vitamin B-6 (as Pyridoxal-5-phosphate)	50mg	2500%	
In a base of the following extracts			
	Amount per Capsule	%DV	
Aloe (Aloe vera)	proprietary	*	
Bamboo (Bamboo manna)	blend totaling	*	
Lodhar (Symplocos racemosa)	230mg	*	
Gotu kola (Centella asiatica)	120mg	*	
Ashoka (Saraca indica)	100mg	*	

Percent daily values are based on a 2000 calorie diet
*Daily value not established



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