

Call us toll free at: **1-800-925-1371**



RUVED Inc.
a subsidiary of Ayush Herbs Inc.
Redmond, WA
Toll Free: **1-800-925-1371**
www.ruved.net

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This product is not intended to diagnose, treat, cure or prevent any disease or condition.



Holy Basil

Immunological Support



Nutritional Support For:

- Stress
- Detoxification
- Healthy Blood Glucose
- Immune Support
- Intestinal Soothing
- Wound Healing
- Elixir of Life

Holy Basil extract comes from the sacred plant *Ocimum sanctum*, known as Tulsi, which has been used for centuries in Ayurveda as an energizing health tonic and long considered holy due to its actions in supporting a positive outlook, a healthy lipid level, aiding in the removal of environmental toxicity and soothing the stomach lining. It also aids in tonifying the brain as well as the heart. The ancient Rishis insured the integration of Holy Basil into daily life by incorporating it into religious rituals. In this way, people at all levels of society routinely consumed Holy Basil for its health benefits during worship. According to Ayurvedic scriptures the leaves, flowers, fruit, roots, branches, main stem and the whole Holy Basil plant is sacred, even the soil under the plant is holy. It is typically grown in an earthen pot in the family home or garden.



Naturally Grown
Himalayan Herbs



In-house Manufactured
to ensure Purity



Third Party Tested
for Heavy Metals

For more information on these herbs
and research, please visit our website at
www.ruved.net

Suggested Use:
1 Capsule three times daily
or as directed by you physician.

Other Ingredients: Vegetarian Capsule (Cellulose and Chlorophyll). Free from Milk, Soy, Egg and Wheat.

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60			
Extract of:	Amount per Capsule	% Daily Value	
Holy Basil (Tulsi) (<i>Ocimum sanctum</i>)	500 mg	*	
Percent daily values are based on a 2000 calorie diet *Daily value not established			



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