

Call us toll free at: **1-800-925-1371**



RUVED Inc.
a subsidiary of Ayush Herbs Inc.
Redmond, WA
Toll Free: **1-800-925-1371**
www.ruved.net

Statements herein have not been evaluated by the U.S. Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease or condition.



Gymnema
Metabolic Support



Nutritional Support For:

- Healthy Glucose Levels
- Fat Metabolism
- Maintenance of Healthy Weight

Gymnema contains a special combination of the following herbs and minerals:
Gymnema sylvestre, *Pterocarpus marsipium*, *Ocimum sanctum*, *Momardica charantia*, Neem, Biotin, Chromium nicotinate and betain hydrochloride which have been used in Ayurveda for centuries to promote healthy blood sugar balance making it useful in support of sugar and fat metabolism.



Naturally Grown
Himalayan Herbs



In-house Manufactured
to ensure Purity



Third Party Tested
for Heavy Metals

For more information on these herbs
and research, please visit our website at
www.ruved.net

Suggested Use:
1 Capsule three times daily
or as directed by you physician.

Other Ingredients: Vegetarian Capsule (Cellulose and Chitosan), Free from Milk, Soy, Egg and Wheat.

Supplement Facts			
Serving Size: 1 Capsule Servings Per Container: 60			
Ingredients :	Amount per Capsule	%DV	
Biotin	2150mcg	716%	
Betaine-HCL	200mg	*	
Chromium nicotinate	105mcg	*	
In a base of the following extracts			
Gymnema (<i>Gymnema sylvestre</i>)	300mg	*	Amount per Capsule %DV
(standardized to 90% gymnemic acids)			
Holy Basil (<i>Ocimum sanctum</i>)	100mg	*	
Vijaysar (<i>Pterocarpus marsipium</i>)	100mg	*	
Bitter Melon (<i>Momardica charantia</i>)	50mg	*	
(standardized to 20% saponins)			
Neem (<i>Azadirachta indica</i>)	50mg	*	
Percent daily values are based on a 2000 calorie diet *Daily value not established			


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