

Call us toll free at: **1-800-925-1371**



RUVED Inc.
a subsidiary of Ayush Herbs Inc.
Redmond, WA
Toll Free: **1-800-925-1371**
www.ruved.net

Statements herein have not been evaluated by the U.S. Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease or condition.



Guggal Extra Strength™
Metabolic Support



Nutritional support for:

- Healthy Cholesterol
- Metabolism
- Maintenance of Healthy Weight
- Liver Health



Millions of Americans suffer with cholesterol related issues. If one eats healthy natural foods and maintains a healthy exercise routine, one shall have healthy cholesterol. The American food chain has been polluted with processed foods as well as the modification of natural foods, causing food to become stripped of its basic nutrition. Sedentary lifestyles, use of over-the-counter drugs, prescription drugs, illegal drugs, alcohol as well as environmental pollution adds stress to the liver, which is the clearing house for one's cholesterol. With so many factors, it is no wonder millions of Americans have cholesterol issues. Guggal has been used for centuries for fat metabolism. It promotes healthy cholesterol levels while maintaining adrenal function. It is considered a Rasayana in Ayurvedic medicine. This combination is considered digestive aid assisting with fat metabolism, and promoting immune function.



Naturally Grown
Himalayan Herbs



In-house Manufactured
to ensure Purity



Third Party Tested
for Heavy Metals

Suggested Use:
1 Capsule three times daily
or as directed by you physician.
For more information on these herbs
and research, please visit our website at
www.ruved.net



Guggal Extra Strength™
Metabolic Support

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Ingredients :	Amount per Capsule	%DV
Vitamin B-6 (as Pyridoxal 5-phosphate)	20mg	1000%
Folic acid	400mcg	100%
Magnesium aspartate (as aspartate)	50mg	6%
In a base of the following extracts	Amount per Capsule	%DV
Guggul (Commiphora mukul) (10% guggulones)	300mg	*
Triphala (Amra, Bahera, Haritaki)	120mg	*

Other ingredients: Vegetarian Capsule (Cellulose)

*Percent daily values are based on a 2000 calorie diet

*Daily value not established