**GENr8**® **Vitargo**® **S**2 is the first and only Super Soluble form of the fastest recovery and re/fuel carbohydrate ever proven in university research studies. Where other products use maltodextrin, sugars - or even waxy or enzyme-modified starches-Vitargo S2's patented IVg technology delivers proven faster gut transit, glycemic and insulin responses, glycogen re/fueling, and performance. Vitargo S2 is 100% sugar-free

- Leaves the stomach quicker 130% faster than maltodextrin + sugars in the first 10 minutes after ingestion. This leads to less stomach "distress" and faster absorbing muscle energy.
- Gets into muscle faster 68% faster glycogen re/fueling than maltodextrin + sugars after intense, exhaustive workouts,2
- . Boosts performance in your next workout Up to 23% greater maximal endurance (average of 10% greater) 2 hours after exhaustive, glycogen-depleting exercise, compared to maltodextrin + sugars.
- Turns off muscle protein breakdown 178% greater insulin than maltodextrin + sugars, within 10 minutes3 - the most potent, natural way to activate the anti-catabolic signals that spare muscle protein.

GENR8-Specific Research — this actual product is

### university proven in HUMANS.

### **Proof Before Promises®**

Leiper JB, et al. Improved gastric emptying rate in humans of a

unique alucose polymer with gel-forming properties. Scand J

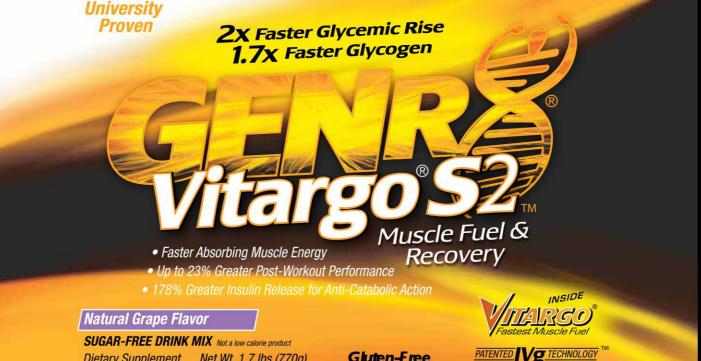
. Aulin KP, et al. Muscle glycogen resynthesis rate in humans and high molecular masses. Eur J Appl Physiol 2000; 81:346-51

Stephens FB, et al. Post-exercise ingestion of a unique, high. molecular weight glucose polymer solution improves performance during

a subsequent bout of cycling exercise. J Sports Sci 2008: 26:149-54 These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

Time (2 hrs)





Gluten-Free

Dietary Supplement Net Wt. 1.7 lbs (770g)

Vitargo® S2™ is a different engineered carbohydrate - please follow directions closely:

### HOW In a shaker bottle

- Fill a large shaker bottle half full (10 12 oz.) with water (room temp. is best).
- Add 2 level scoops of Vitargo® S2 and shake vigorously for 10-15 seconds.
- Add cold water to top and shake vigorously for 15 20 seconds.

- Vitargo S2 can be combined with your favorite post-training blender concoction protein powder. branched chain amino acids, etc. and your favorite liquid.
- For best results add 2 level scoops to a blender with water while it's on and blending.

### WHEN Before, between, or during exercise/competition

 Mix 1 or 2 level scoops of Vitargo S2 as described above. Note that Vitargo S2's unique molecular viscosity makes it thicker than other carbohydrate drinks – experiment and see if you prefer 1 or 2 scoops. Drink to rapid fueling!

## Post-training/competition/glycogen loading

• Take 2 level scoops as soon as possible after finishing. For optimal recovery, take another 1 - 2 scoops 30 - 90 minutes after your first serving. For maximal glycogen loading, take 3 servings/day.

# For more detailed info, go to www.genr8speed.com. IF YOU DON'T TRAIN, DON'T TAKE THIS PRODUCT.

Serving Size: 2 level scoops Servings Per Container: 10 Amount Per Serving %D\ Calories Calories from Fat Total Fat Total Carbohydrate

\*Percent Daily Values (DV) are based on a 2 000 calorie diet. rotected by US Patent 5929052 and other international ademark of Swecarb, licensed exclusively to GENr8, Inc. Vitargo Inside/ Fastest Muscle Fuel and the GENr8

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Supplement Facts INGREDIENTS: Fractionated barley amylopectin (Vitargo® S2) [Source: Europe], natural flavor citric acid, natural color [grapeskin], sucralose

GLUTEN-FREE (via ELISA testing)



see www.bscg.org www.genr8speed.com 877-GENR8-58 (877.436.7858) Marketed exclusively by GENr8, Inc.

Dana Point, CA 92629

Vitargo® S2™ multi-serving tubs BSCG are analyzed for substances banned by sport. For more details

