

Suggested Use

Take 30-40 drops of extract in a small amount of water 3-4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

Yellow Dock Root

333 mg/ml herb equivalency

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HERBS

DIETARY SUPPLEMENT 4 FL OZ (120ML)

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Supplement Facts

Serving Size 30 Drops (1 ml)

Servings Per Container 120

AMOUNT PER SERVING

EXTRACT†

Yellow Dock root †

(*Rumex crispus*),

Water, and 45-55% Pure Grain Alcohol USP.

MINIMUM DRY HERB STRENGTH RATIO: 1:3

†Daily Value not established.

† = Ecologically Harvested

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