

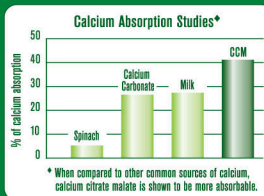
For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

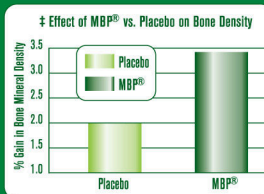
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE

Calcimate Complete™ is scientifically designed to enhance bone density, natural bone building and support calcium absorption.*



menopausal women over the age of 55 demonstrate CCM results in 70% less bone loss when compared to a diet without calcium supplementation and 40% less bone loss when compared to a diet with ordinary calcium supplementation.



- **Vitamins D-3 and K-2** are essential vitamins required during the growth and development of bones to achieve peak bone density.* Vitamin K-2 (menaquinone-7) is good for the bone-building process.*

- Enhanced with essential nutrients involved in the formation of the bone matrix such as magnesium, zinc, copper, manganese and boron.

- **Calcium Citrate Malate (CCM)** is one of the most absorbable and effective sources of calcium which helps support bone density.* *Adequate calcium in a healthy diet throughout life may reduce the risk of osteoporosis.

Studies in post-

menopausal women over the age of 55 demonstrate CCM results in 70% less bone loss when compared to a diet without calcium supplementation and 40% less bone loss when compared to a diet with ordinary calcium supplementation.

- **MBP®** is a functionally active protein complex isolated and purified from milk protein. Emerging research indicates that MBP® supports the body's natural ability to build and maintain bone mass by supporting the body's bone building cells.*

* Percent gain in bone density (left calcaneus) over six months. In a double-blind, placebo-controlled study, 33 adult females were supplemented with 40 mg/day MBP® (n = 17) or placebo (n = 16) in a beverage for six months. Bone density was measured at baseline and after six months by dual X-ray absorptiometry (DEXA). The diets of both groups were monitored during this time and found to be no different.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

NOW WITH
VITAMIN K-2

Calcimate Complete™

DIETARY SUPPLEMENT

- May reduce the risk of osteoporosis†
- Helps improve bone density*
- Calcium Citrate Malate, one of the most absorbable forms of calcium
- Vitamin D-3 for calcium absorption*
- MBP® to support natural bone building*

240 CAPLETS

CODE 121122

CMG

Directions: As a dietary supplement, take two caplets at breakfast and two caplets at dinner for a total of four caplets daily.

Supplement Facts

Serving Size Four Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin D (as Cholecalciferol D-3)	2000 IU	500%
Vitamin K-2 (as Menaquinone)	50 mcg	63%
Calcium (as Calcium Citrate Malate)	800 mg	80%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	7.5 mg	50%
Copper (as Copper Glycinate)	1 mg	50%
Manganese (as Manganese Gluconate)	1 mg	50%
MBP®	40 mg	*
Boron (as Hydrolyzed Protein Chelate)	1 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

CONTAINS: Milk and Soybeans.

WARNING: Do not use if pregnant, nursing or are allergic or contraindicated to aspirin. If you are taking aspirin or blood thinning or other medication, consult your healthcare professional before using this product. Discontinue use two weeks prior to surgery, or if upset stomach occurs.

Potency verified by GNC procedure #4000.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



MBP® is a registered trademark of Snow Brand Milk Products Co., Ltd. in the U.S.A.
U.S. Patent No. 5,932,259.

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!