

Suggested Use

Take 30-50 drops of extract in a small amount of water 3-4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

CERTIFIED ORGANIC

Wild Oats Milky Seed

500 mg/ml herb equivalency

gaia
ORGANICS



DIETARY SUPPLEMENT 1 FL OZ (30ML)

Supplement Facts

Serving Size 30 Drops (1 ml)

Servings Per Container 30

AMOUNT PER SERVING

EXTRACT †

Fresh Organic Wild Oats
milky seed (*Avena sativa*)
in Water and Organic Grain
Alcohol USP (40-50%)

MINIMUM FRESH HERB
STRENGTH RATIO: 1:2

†Daily Value not established.

GAIA HERBS, INC.
101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth



51063 30820 5

0043 1145-0910 7

Meet your herbs at GaiaHerbs.com BEST BY