

The Kitchen Sink™

**Comprehensive Multi-Vitamin
& Anti-Aging Formula**

DIETARY SUPPLEMENT
180 Gelatin Capsules

This formula is a complete multi-vitamin, plus it contains each of the most effective Anti-Aging ingredients at full strength. It is designed to replace several supplement bottles which would cumulatively cost \$150. By combining ingredients in one bottle we save manufacturing and distribution costs and pass the savings on to you. "The Kitchen Sink™" is the first product of its kind in North America.

Supplement Facts			Amt Per 6 Capsules	% Daily Value
Serving Size, 3 Capsules				
Servings Per Container 60				
	Amt Per 6 Capsules	% Daily Value		
Pro Vitamin A (Beta Carotene)	12,500 IU	250%		
Vitamin A (Retinyl Acetate)	2,496 IU	50%		
Vitamin C (Calcium Ascorbate)	400 mg	667%		
Vitamin C Ester (Ascorbyl Palmitate)	400 mg	†		
Mixed Tocopherol	150 mg	†		
Vitamin E (d-Alpha Tocopherol Succinate)	300 IU	1,000%		
Thiamine	25 mg	1,666%		
Riboflavin	5 mg	294%		
Niacin (Nicotinamide)	62.5 mg	312%		
Vitamin B6 (Pyridoxine HCl)	37.6 mg	1,875%		
Folic Acid	800 mcg	150%		
Vitamin B12 (Cyanocobalamin)	50 mcg	833%		
Biotin	250 mcg	83%		
Pantothenic Acid (D-Calcium Pantothenate)	50 mg	500%		
Iodine	100 mcg	67%		
Magnesium (Magnesium Citrate)	150 mg	37%		
Zinc (Zinc Citrate)	14.8 mg	99%		
Selenium (Selenomethionine)	150 mcg	215%		
CoQ10 (Ubidecarenone)	50 mg	†		
L-Carnitine Tartrate	500 mg	†		
Acetyl L-Carnitine	500 mg	†		
*K-R-Alpha Lipoic Acid (d-Form)	100 mg	†		
Grape Seed Extract 95%	50 mg	†		
Lemon Bioflavonoids	50 mg	†		
PABA	6 mg	†		
Choline Bitartrate	100 mg	†		
Inositol	50 mg	†		
Acetyl L-Cysteine	120 mg	†		
L-Methionine	50 mg	†		
L-Glutathione	25 mg	†		
Quercetin	100 mg	†		
Ginkgo Biloba	60 mg	†		

†Daily Values not established.

* A stabilized form of R-Alpha Lipoic Acid

Other Ingredients: Gelatin and Purified Water.

Directions: As a dietary supplement, take 3 capsules twice per day, preferably with a meal.



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supplements

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