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KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

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ACTUAL SIZE

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



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GNC Ultra Mega® Green Women's offers a superior blend of greens, fruits, vegetables, antioxidants and enzymes to help support good health. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition for even the most demanding schedules.

- Features eight wholesome fruit, vegetable and greens blends. These nutrient-rich blends supply cell-protecting antioxidant nutrients that also support immune health.*
- Provides 1,600 IU of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting breast, bone and immune health.*
- Enhanced with n•zimes®, a proprietary blend of digestive enzymes, with proven bioactivity. n•zimes® are active in both acidic environments of the stomach and the alkaline environment of the small intestine. Lab tests show that n•zimes® work throughout the digestive tract, contributing to a more complete digestion of nutrients.* This superior formula helps promote protein, carbohydrate and fat digestion.*
- Supplies essential B-vitamins that are important for cardiovascular health and the production of energy.*
- Combines a specialized beauty blend that includes collagen, L-cysteine, green tea, horsetail rush and MSM to support healthy hair, skin and nails.* It also includes lutein and zeaxanthin to support eye health.*
- Contains chromium that plays an important role in normal glucose utilization and a premium blend of antioxidants including selenium and vitamins C and E to aid in supporting the body's immunity.*
- Timed-release caplets provide a gradual release of vital nutrients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ULTRA MEGA® GREEN WOMEN'S

Dietary Supplement

WHOLE FOOD
ENHANCED
MULTIVITAMIN

- 1,600 IU of vitamin D-3 for breast & bone health*
- 8 nutrient-rich, antioxidant superfood blends
- B-vitamins for energy support*
- Premium cell-protecting ingredients to support immunity*



120 Caplets

**TIMED
RELEASE**

CODE 132233

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets Servings Per Container 60			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate)	5000 IU 100%	Vegetable Blend	80 mg *
Vitamin C (as Ascorbic Acid)	500 mg 833%	Broccoli Juice Powder (<i>Brassica oleracea</i>),	
Vitamin D	1600 IU 400%	Carrot Root Juice Powder (<i>Daucus carota</i>),	
(as Cholecalciferol D-3)		Spinach Juice Powder (<i>Spinacia oleracea</i>),	
Vitamin E	30 IU 100%	Beet Root Juice Powder (<i>Beta vulgaris</i>),	
(as Natural d-alpha Tocopheryl Succinate)		Broccoli Sprouts Powder (<i>Brassica oleracea</i>),	
Thiamin (Vitamin B-1)	25 mg 1667%	Caiflower Sprouts Powder (<i>Brassica oleracea</i>),	
(as Thiamin Mononitrate)		Tomato Paste Powder	
Riboflavin (Vitamin B-2)	25 mg 1471%	(<i>Lycopersicon esculentum</i>)	
Niacin (as Niacinamide)	25 mg 125%	Fruit Blend	75 mg *
Vitamin B-6	25 mg 1250%	Whole Apple Powder (<i>Malus sylvestris</i>),	
(as Pyridoxine Hydrochloride)		Blueberry Puree Powder (<i>Vaccinium corymbosum</i>),	
Folic Acid	400 mcg 100%	Cherry Puree Powder (<i>Prunus cerasus</i>),	
Vitamin B-12	250 mcg 4167%	Cranberry Juice Powder	
(as Cyanocobalamin)		(<i>Vaccinium macrocarpon</i>)	
Biotin	50 mcg 17%	EFA Powder Blend	50 mg *
Pantothenic Acid	25 mg 250%	Flax Seed Oil Powder (<i>Linum usitatissimum</i>),	
(as Calcium d-Pantothenate)		Borage Oil Powder (<i>Borago officinalis</i>),	
Calcium (as Calcium Carbonate)	60 mg 6%	Safflower Oil Powder (<i>Carthamus tinctorius</i>)	
Iron (Hydrolyzed Protein Chelate)	18 mg 100%	Liver Health Blend	49 mg *
Iodine	150 mcg 100%	Artichoke Leaf Extract (<i>Cynara scolymus</i>),	
(as Potassium Iodide & Kelp)		Milk Thistle Leaf Extract (<i>Silybum marianum</i>)	
Magnesium	25 mg 6%	n•Zimes® Proprietary Blend	48 mg *
(as Magnesium Oxide)		Amylase, Protease 4.5, Lipase, Glucoamylase,	
Zinc (as Zinc Oxide)	15 mg 100%	Protease 3.0, Bromelain, Protease 6.0, Papain,	
Selenium	200 mcg 286%	Cellulase, Malt diastase	
(as L-Selenomethionine)		Bean Blend	10 mg *
Copper (as Cupric Oxide & HPC+)	2 mg 100%	Fermented Soybean Powder (<i>Glycine max</i>),	
Manganese (as HPC+)	2 mg 100%	Black Bean Powder (<i>Phaseolus vulgaris</i>),	
Chromium (as HPC+)	120 mcg 100%	Garbanzo Bean Powder (<i>Cicer arietinum</i>),	
Molybdenum (as HPC+)	75 mcg 100%	Kidney Bean Powder (<i>Phaseolus vulgaris</i>)	
Greens Blend	360 mg *	para-Aminobenzoic Acid	50 mg *
Barley Grass Powder (<i>Hordeum vulgare</i>),		Choline Bitartrate	25 mg *
Alfalfa Juice Powder (<i>Medicago sativa</i>),		Inositol	25 mg *
Chlorella Powder (<i>Chlorella vulgaris</i>),		N-Acetyl-L-Cysteine	15 mg *
Spirulina Powder (<i>Spirulina platensis</i>),		alpha-Lipoic Acid	10 mg *
Kelp Powder (<i>Ascophyllum nodosum</i>),		Oat Bran Flour (<i>Avena sativa</i>)	5 mg *
Wheat Grass Juice Powder (<i>Triticum aestivum</i>)		L-Glutathione	5 mg *
Antioxidant Blend	175 mg *	CereCalase® Proprietary Blend	2 mg *
Green Tea Leaves Extract (<i>Camellia sinensis</i>),		Hemicellulase, beta-glucanase, Phytase	
Pomegranate Fruit Extract (<i>Punica granatum</i>),		Digestive Enzyme Blend	1 mg *
Apple Fruit Skin Extract (<i>Malus domestica</i>),		Amylase, Cellulase, Protease, Lipase	
White Tea Leaves Extract (<i>Camellia sinensis</i>),		Boron (as Hydrolyzed Protein Chelate & Boron Gluconate)	1 mg *
Rosemary Leaf Extract (<i>Rosmarinum officinalis</i>),		Silica	1 mg *
Bilberry Fruit Extract (<i>Vaccinium myrtillus</i>)		Lutemax 2020™ Lutein	950 mcg *
Beauty Blend	100 mg *	Lycopene	950 mcg *
Collagen, Green Tea Leaves Extract (<i>Camellia sinensis</i>),		Zeaxanthin	190 mcg *
MSM (Methylsulfonyl-methane),		(as Zeaxanthin Isomers)	
Horsetail Rush Stems (<i>Equisetum arvense</i>),			
L-Cysteine			

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

CONTAINS: Soybeans and Wheat.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

+Hydrolyzed Protein Chelate
Conforms to USP <2091> for weight.
No Artificial Colors, No Artificial Flavors, No Dairy.