

Suggested Use

Take 30-40 drops of extract in a small amount of water 3 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label. Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

St. John's Wort

FLOWER BUDS & TOPS

Validated full spectrum extract

The logo for Gaia Herbs, featuring the word "gaia" in a lowercase, rounded font with a registered trademark symbol, and "HERBS" in a smaller, all-caps, sans-serif font below it.

DIETARY SUPPLEMENT 1 FL OZ (30ML)

BEST BY

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Supplement Facts

Serving Size 30 Drops (1 ml)

Servings Per Container 30

AMOUNT PER SERVING

EXTRACT †

St. John's Wort

flower buds & tops †
(Hypericum perforatum),
65-75% Pure Grain Alcohol
USP, and Water.

VALIDATED FULL SPECTRUM PROFILE
Hypericins 0.3 mg†

†Daily Value not established.

† = Ecologically Harvested

Avoid excessive exposure to UV radiation
(e.g., Sunlight; tanning) when using this product.

GAIA HERBS, INC.
101 Gaia Herbs Dr., Brevard, NC 28712

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