

Suggested Use

Take 40-60 drops of extract in a small amount of water 3-4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use. Avoid excessive exposure to UV radiation (e.g. sunlight, tanning) when using this product.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

Skullcap St. John's Wort SUPREME

Contains Gaia Farm Fresh Skullcap

gaia
HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 40 Drops

Servings Per Container 22.5

AMOUNT PER SERVING

PROPRIETARY BLEND †

EXTRACTS FROM: American Skullcap herb fresh ▲ (*Scutellaria lateriflora*), St. John's Wort flower buds and tops † (*Hypericum perforatum*), Calendula flowers ▲ (*Calendula officinalis*), German Chamomile flowers ▲ (*Matricaria recutita*), California Poppy herb & root ▲ (*Eschscholzia californica*), Wild Oat milky seed fresh ▲ (*Avena sativa*), Valerian root ▲ (*Valeriana officinalis*), 53-63% Pure Grain Alcohol USP, and Water.

†Daily Value not established.

▲ = Certified Organic Ingredient

† = Ecologically Harvested

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