LivingFuel InSportRecovery™

LivingFuel InSportRecovery™ is the most advanced, high-performance sports drink mix on earth. From the creators of the revolutionary functional superfoods LivingFuel SuperBerry®, SuperGreens, LivingProtein® and SuperEssentials® Aminos, comes LivingFuel InSportRecovery, designed to FUEL an athlete's every nutritional need for peak performance, endurance, hydration and optimal recovery before, during, and after workouts and competition.

LivingFuel InsportRecovery is one-of-a-kind highly digestible and ultra-fast-acting sports. energy and recovery drink in one. It contains broad-spectrum ultra-pure, ultra-fast-acting carbohydrates including non-corn tapioca maltodextrin, and ultra-fast-acting free-form essential acids with high-leucine Branched Chain Amino Acids, and a full-spectrum mineral. electrolyte mineral and trace mineral complex from natural Krebs Cycle bionutrients. Also included is a broad-spectrum vitamin and antioxidant complex of the highest bioavailability.

FUEL your best performance and your best recovery with LivingFuel InSportRecovery.

Contains NO sov. dairy, gluten, artificial colors, artificial sweeteners or artificial flavors

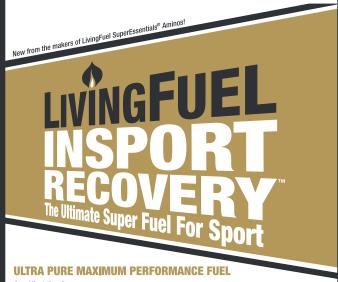
Directions

InSport (Before and During Exercise): For higher intensity workouts, mix 4 scoops with the ideal amount of cool water for the session and begin sipping 15 minutes before the workout. For lower intensity workouts, use 2-3 scoops. For workouts or competition beyond one hour, repeat as needed. Begin drinking 15 minutes before the workout and every 15 minutes thereafter. May consume the entire serving before the workout if desired.

Recovery (After Exercise): Within 15 minutes after a high intensity workout, use 4 scoops in 12+ ounces of cool water. After lower intensity workouts, use 2-3 scoops.



Lot # Best By: Exclusively Manufactured For and Distributed By: Living Fuel, Inc. P.O. Box 1048 Tampa, FL 33601 866-580-FUEL (3835) www.livinafuel.com info@livingfuel.com



Certified For Sport

Ultimate Performance, Endurance, Hydration and Recovery FUEL Ideal Carb/Protein and Carb/Free-Form Essential Amino Acid Ratios Broad-Spectrum Ultra Fast-Acting Carbs + Egg White Protein Ultra Fast-Acting Free-Form Essential Amino Acids with Hi-Leucine BCAAs Broad Spectrum and Performance-Specific Vitamins, Minerals,

Trace Minerals, Antioxidants Ultra Pure-Highest Bio-Availability

Net Wt. 308q

www.livingfuel.com





For Sport

Supplement Facts

Serving Size: 4 level scoops (38.5g)	
Servings Per Container: 8	0/ D. II. 1/-I
Amount Per Serving	% Daily Value
Total Calories 110	
Calories From Fat 0	
Total Fat 0g	09
Saturated Fat 0g	09
Trans Fat 0g	
Cholesterol 0g	09
Sodium (from all natural sea mineral salts) 114mg	59
Potassium (as Potassium Krebs) 420mg	129
Total Carbohydrate 22g	79
Dietary Fiber 0g	09
Sugars 15g	
Protein 5g	109
SuperEssentials® Aminos (see below) 5g	
Vitamin C (as calcium, magnesium & zinc ascorbates) 90mg	1509
Vitamin D (as cholecalciferol) 400 IU	1009
Vitamin E (as d-alpha-tocopheryl acetate) 10 IU	339
Natural Mixed Tocopherols & Tocotrienols 12.5mg	
Vitamin K (as phytonadione) 50mcg	639
Thiamin (as Cocarboxylase) 500mcg	339
Riboflavin (as Riboflavin-5-Phosphate) 500mcg	299
Niacin 5mg	259
Vitamin B5 (D-Calcium Pantothenate & Pantathine) 30mg	3009
Vitamin B6 (as Pyridoxal-5-Phosphate) 1mg	509
Vitamin B12 (as Methylcobalamin) 50mcg	8339
Folic Acid (as calcium Folinate) 100mcg	259
Biotin 100mcg	339
Choline (as choline bitartrate) 25mg	59
Calcium (from Calcium Krebs, Ascorbate & Phosphate) 165mg	179
Chloride (from all natural sea mineral salts) 175mg	59
Magnesium (from Magnesium Krebs & Ascorbate) 95mg	249
Zinc (as Zinc Krebs & Ascorbate) 5mg	339
Selenium (as L-selenomethionine) 50mcg	719
Copper (as Copper Citrate) 100mcg	59
Manganese (as Manganese Krebs) 500mcg	259
Chromium (as Chromium Histidinate Argininate) 20mcg	179
Molybdenum (as Molybdenum Krebs) 5mcg	79
Daily Value Net Catabilish and	

*Percent Daily Values are based on a 2,000 calorie diet

Egg White Protein Powder, SuperEssentials® Aminos Proprietary Complex (Creatine-HCL, L-Leucine, L-Lysine Hydrochloride, L-Phenylalanine, L-Valine, L-Isoleucine, L-Threonine, L-Glutamine, L-Arginine, L-Histidine, Glycine, L-Methionine, L-Tryptophan, N-Acetyl-L-Cysteine, L-Glutathione) Orange Juice Powder, Dextrose, Organic Evaporated Cane Sugar, Tapioca Maltodextrin, Organic Cranberry (Freeze-Dried), Fructose, Lemon Juice Powder D-Ribose, Methylsulfonylmethane (MSM), Beet Root Powder, Stevia (Leaf) Extract, Natural Pomegranate Flavor, Whole Grape Extract, Quercetin, Green Tea (Leaf) Extract (95% Polyphenols), Inositol, CoEnzyme-Q10, Alpha Lipoic Acid, Silica (Horsetail (Stem) Extract)