

## Suggested Use

Take 15 drops of extract in a small amount of water 2 times daily between meals. May be used topically for minor insect bites or skin irritations.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

## Liquid Extract

# Propolis Extract

250 mg/ml herb equivalency

**gaia**  
HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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## Supplement Facts

Serving Size 15 Drops (0.5 ml)

Servings Per Container 60

### AMOUNT PER SERVING

EXTRACT†

Propolis †

(Bee harvested tree resin),  
in Pure Grain Alcohol USP  
(66-76%), and Water.

MINIMUM HERB STRENGTH RATIO: 1:4

† Daily Value not established.

† = Ecologically Harvested

Avoid if allergic to bee products.

Remove from contact surfaces with alcohol.

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