

Suggested Use

Take 30-50 drops of extract in a small amount of water 3-4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

Osha Supreme

Concentrated synergistic formula

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HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 30 Drops
Servings Per Container 30

AMOUNT PER SERVING

PROPRIETARY BLEND †

EXTRACTS FROM: Osha root + (*Ligusticum porteri*), Mullein leaf ▲ (*Verbascum spp.*), Elecampane root ▲ (*Inula helenium*), Grindelia buds + (*Grindelia spp.*), Licorice root + (*Glycyrrhiza spp.*), Irish Moss fronds + (*Chondrus crispus*), Echinacea Supreme ▲ (*Echinacea purpurea* root, flowering tops & seed, *Echinacea angustifolia* root), Goldenseal root + (*Hydrastis canadensis*), Oregano Leaf ▲ (*Origanum vulgare*), Water, and 43-53% Pure Grain Alcohol USP.

†Daily Value not established.

▲ = Certified Organic Ingredient

+ = Ecologically Harvested

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