

Suggested Use

Take 30-40 drops of extract in a small amount of water 3 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label. Safety sealed for your protection.

GaiaHerbs.com

Liquid Herbal Extract

Osha Root

500 mg/ml herb equivalency



DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 30 Drops (1 ml)

Servings Per Container 30

AMOUNT PER SERVING

EXTRACT†

Osha root †

(*Ligusticum porteri*),
in Pure Grain Alcohol USP
(60-70%), and Water.

MINIMUM DRY HERB STRENGTH RATIO: 1:2

†Daily Value not established.

† = Ecologically Harvested

GAIA HERBS, INC.
101 Gaia Herbs Dr., Brevard, NC 28712



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