

Calmhills Kit

Herbal Formulation with Herbal Dietary Supplement
for Speedy, Effective & Complete Result

• Calmhills • Ashwagandhahills • Shankhpushpihills



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Calmhills Stress Buster

Ashwagandhahills Anti Stress & Revitaliser

Shankhpushpihills Memory Enhancer

Supplement Facts

Serving Size 2 Coated Soft Gel Capsules
Serving per Container 30

Amount Per Serving	% DV
Proprietary herbal blend	1000 mg **
Ashwagandha (Withania somnifera)	Khurasani Amlan (Phytocarpus niger)
Brahmi (Bacopa monnieri)	Pippali (Piper longum)
Mandukaparni (Centella asiatica)	Shankhpushpi (Convolvulus pluricaulis)
Jatamansi (Nardostachys jatamansi DC)	
Processed by the method of SIDDHA GHRIUTA in Cow Milk	
Go-ghrita (Clarified butter)	

**Daily Value not established

Other Ingredients : Gelatin, Glycerin, Sorbitol, Methyl Paraben, Propyl Paraben, Titanium dioxide, Candurin, Colour Name : Tartrazine Yellow, Brilliant Blue.

Best Before :
For Batch No. & Expiry Date : See Individual Bottle
Not intended for sale of individual units.
Multiple package

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Ashwagandha root extract &	350 mg **
Ashwagandha root powder Blend (Withania somnifera)	
(Standardized to contain 0.5% Withanolides = 1.75mg)	
(0.8% Alkaloids = 2.8 mg)	

**Daily Value not established

Other Ingredients : Magnesium stearate, Silica, Gelatin capsule.

Direction for use : As a dietary supplement take 2 soft gel capsules of Calmhills in the morning with water or milk. It should ideally be taken on empty stomach before meals. Take 1 each of Ashwagandhahills capsule & Shankhpushpihills capsule twice daily preferably after meals or as recommended by the Healthcare Practitioner.
For better result it should be taken with warm water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Shankhpushpi whole plant extract	240mg **
(Canscora decussata)	
(Standardized to contain 5% Bitter = 12 mg)	
(0.4% Alkaloids = 0.96 mg)	

**Daily Value not established

Other Ingredients : Magnesium stearate, Silica, Gelatin capsule.

HERBAL HILLS®
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This product is not intended to diagnose, treat, cure or prevent any disease. Caution : Pregnant or lactating women are advised to consume herbal products under the advice of the Healthcare Practitioner.