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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



Liquid Ultra Mega[®] Multivitamin

DIETARY SUPPLEMENT

- Complete multivitamin and mineral formula
- Provides antioxidant protection with lutein, lycopene and green tea

TASTES GREAT!



30 FL OZ (887 ml)

Natural Citrus Flavor

CODE 705805

KL6

Directions: Shake well before serving. As a dietary supplement, take two tablespoons (1 fl. oz.) daily with food. May also be mixed with water or beverage of choice. Refrigerate after opening.

Supplement Facts

Serving Size Two Tablespoons (1 fl. oz.) or One Capful
Servings Per Container 30

Amount Per Serving		Amount Per Serving	
% Daily Value		% Daily Value	
Calories	40	Manganese (as Manganese Gluconate)	10 mg 500%
Total Carbohydrates	9 g 3%†	Chromium (as Chromium Chloride)	120 mcg 100%
Sugars	<1 g *	Molybdenum (as Sodium Molybdate)	150 mcg 200%
Vitamin A (as Vitamin A Acetate)	5,000 IU 100%	Sodium	20 mg <1%
Vitamin C (as Ascorbic Acid)	500 mg 833%	Choline (as Choline Bitartrate)	50 mg *
Vitamin D (as Cholecalciferol D-3)	400 IU 100%	Green Tea Leaves	30 mg *
Vitamin E (as d-alpha-Tocopheryl Acetate)	100 IU 333%	Inositol	25 mg *
Thiamin (as Thiamin Mononitrate)	50 mg 3,333%	Citrus Bioflavonoid Complex	25 mg *
Riboflavin (as Riboflavin-5-Phosphate)	50 mg 2,941%	alpha-Lipoic Acid	20 mg *
Niacin (as Nicotinamide)	50 mg 250%	Cardioid Complex	15 mg *
Vitamin B6 (as Pyridoxine HCl)	50 mg 2,500%	N-Acetyl-L-Cysteine	10.5 mg *
Folic Acid	400 mcg 100%	Rutin Powder	10 mg *
Vitamin B-12 (as Cyanocobalamin)	150 mcg 2,500%	Quercetin	10 mg *
Biotin	100 mcg 33%	Hesperidin Complex	5 mg *
Pantothenic Acid (as D-Calcium Pantothenate)	50 mg 500%	Boron (Boron Citrate)	1 mg *
Calcium (as Calcium Lactate Gluconate)	50 mg 5%	Lutein	950 mcg *
Iodine (as Potassium Iodide)	150 mcg 100%	Lycopene	950 mcg *
Magnesium (as Magnesium Citrate)	50 mg 13%		
Zinc (as Zinc Gluconate)	15 mg 100%		
Selenium (as Sodium Selenate)	200 mcg 286%		
Copper (as Copper Citrate)	2 mg 100%		

OTHER INGREDIENTS: Purified Water, Glycerine, Citric Acid, Propylene Glycol, Polysorbate 80, Natural Flavors, Sucralose, Potassium Sorbate, Sodium Hexametaphosphate, Sodium Benzoate, Xanthan Gum, Modified Gum Acacia, Acesulfame Potassium, Amylose, Cellulose, Lipase and Protease.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

CONTAINS: Soybeans and Wheat.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

Lot No./Best By:

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