

Suggested Use

Take 30-40 drops of extract in a small amount of water 3-4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children. Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Low Alcohol Extract

Milk Thistle Seed

1000 mg/ml herb equivalency

gaia
HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 30 Drops (1ml)

Servings Per Container 30

AMOUNT PER SERVING

EXTRACT †

Milk Thistle seed ▲
(Silybum marianum)

in Pure Vegetable
Glycerin, Water, and
Grain Alcohol USP <8%.

MINIMUM DRY HERB STRENGTH RATIO: 1:1

†Daily Value not established.

▲ = Certified Organic Ingredient

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