

GENr8™ Vitargo® S2 is the first and only *Super Soluble* form of the fastest recovery and re/fuel carbohydrate ever proven in university research studies. Where other products use maltodextrin and sugars – or even certain types of “starch” – Vitargo S2’s patented IVg technology delivers faster energy absorption, glycogen re/fueling, performance, and insulin response. Vitargo S2 is 100% sugar-free.

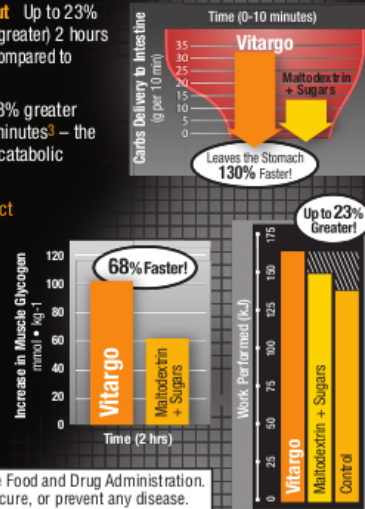
- **Leaves the stomach quicker** 130% faster than maltodextrin + sugars – in the first 10 minutes after ingestion.¹ This leads to less stomach “distress” and faster absorbing muscle energy.
- **Gets into muscle faster** 68% faster glycogen re/fueling than maltodextrin + sugars after intense, exhaustive workouts.²
- **Boosts performance in your next workout** Up to 23% greater maximal endurance (average of 10% greater) 2 hours after exhaustive, glycogen-depleting exercise, compared to maltodextrin + sugars.³
- **Turns off muscle protein breakdown** 178% greater insulin than maltodextrin + sugars, within 10 minutes³ – the most potent, natural way to activate the anti-catabolic signals that spare muscle protein.

GENr8-Specific Research—this *actual* product is university research proven.

References

1. Leiper JB, et al. Improved gastric emptying rate in humans of a unique glucose polymer with gel-forming properties. *Scand J Gastroenterol* 2000; 35:1143-9.
2. Aulin KP, et al. Muscle glycogen resynthesis rate in humans after supplementation of drinks containing carbohydrates with low and high molecular masses. *Eur J Appl Physiol* 2000; 81:346-51.
3. Stephens FB, et al. Post-exercise ingestion of a unique, high molecular weight glucose polymer solution improves performance during a bout of cycling exercise. *J Sports Sci* 2007; 1-6 DOI: 10.1080/02640410701361548

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**University
Proven**

**68% Faster Glycogen
Re/Fueling!**

**GENr8™
Vitargo® S2**

**Muscle Recovery
& Re/Fuel**

- Faster Absorbing Muscle Energy
- Up to 23% Greater Post-Workout Performance
- 178% Greater Insulin Release for Anti-Catabolic Action

Natural Tropical Fruit Flavor

SUGAR-FREE DRINK MIX Not a low calorie product

Dietary Supplement **Net Wt. 1.7 lbs (770g)**

**INSIDE
VITARGO®**
Fastest Muscle Fuel

PATENTED IVg TECHNOLOGY

INSTRUCTIONS Vitargo® S2 is a different *molecular* carbohydrate—follow directions closely:

HOW

In a shaker bottle

- Fill a shaker bottle with 200 ml (about 6 oz.) of room temperature/tepid water.
- Add 2 level scoops of Vitargo® S2 and shake vigorously for 10-15 seconds.
- Add 500-600 ml (16 - 20 oz.) of *cold* water and shake vigorously for 15 - 20 seconds.

In a blender

- Vitargo S2 can be combined with your favorite post-training blender concoction – protein powder, branched chain amino acids, cinnamon powder, etc. and your favorite liquid.
- For best results add 2 level scoops to a blender drink *while it's on and blending*.

WHEN

Pre- or during exercise/competition

- Mix 1 or 2 level scoops of Vitargo S2 as described above. Note that Vitargo S2's unique molecular viscosity makes it feel thicker than other carbohydrate drinks – experiment and see if you prefer 1 or 2 scoops. Drink to rapid fueling!

Post-training/competition

- Take 2 level scoops as soon as possible after finishing. For optimal recovery, take another serving 30 - 90 minutes after your first serving. Drink to more glycogen!

For more detailed info, go to www.genr8speed.com **IF YOU'RE NOT TRAINING DON'T TAKE THIS PRODUCT**

Supplement Facts

Serving Size: 2 level scoops		
Servings Per Container: 10		
	Amount Per Serving	%DV*
Calories	280	
Calories from Fat	0	
Total Fat	0 g	0%
Total Carbohydrate	70 g	23%
Sugars	0 g	
Protein	0 g	0%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Fractionated barley amylopectin (Vitargo® S2) [Source: Europe], citric acid, maltodextrin, gum arabic, natural flavor, sucralose, cochineal extract (color), turmeric extract (color).

Contains Gluten (from barley)

www.genr8speed.com

877-GENR8-58 (877.436.7858)

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Laguna Niguel, CA 92677

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