

Suggested Use

Take 1/4 tsp. of solid extract followed with a small amount of water 2 times daily as needed for 6-12 months or as directed by your healthcare practitioner.

Not to be used during pregnancy or lactation. If you have a medical condition, or take pharmaceutical drugs, please consult with your doctor before use.

Keep away from children.
Use only as directed on label.

Safety sealed for your protection.

GaiaHerbs.com

Herbal Extract

Hawthorn

SOLID EXTRACT

Crataegus spp.

gaia[®]
HERBS

DIETARY SUPPLEMENT Net Wt : 4 oz (114 grams)

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Supplement Facts

Serving Size 1/4 Teaspoon

Servings Per Container 68

AMOUNT PER SERVING

TOTAL ALCOHOL FREE EXTRACT 1,600 MG†

Hawthorn berry, flower buds and leaf▲ (*Crataegus spp.*), Vegetable Glycerin, Wildflower Honey▲.

MINIMUM HERB STRENGTH RATIO: 4:1

†Daily Value not established.

▲ = Certified Organic Ingredient

Each 1/4 teaspoon contains 2,500 mg crude herb equivalency

GAIA HERBS, INC.

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