

USANA HEALTHPAK

your health. your life. your way.™

DIETARY SUPPLEMENT 56 PACKS

USANA HEALTHPAK

DIRECTIONS: TAKE ONE (1) PACKET, PREFERABLY WITH FOOD.

SUPPLEMENT FACTS		
SERVING SIZE: 1 PACKET		
AMOUNT PER SERVING		%DV
VITAMIN A (AS BETA CAROTENE)	7,500 IU	150%
VITAMIN C (AS CALCIUM POTASSIUM, MAGNESIUM, AND ZINC ASCORBATES)	650 mg	1000%
VITAMIN D3 (AS CHOLECALCIFEROL)	1000 IU	200%
VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE)	200 IU	670%
VITAMIN K (AS PHYLOUSUBONE)	45 µg	60%
VITAMIN B1 (AS THIAMIN HCL)	13.5 mg	900%
VITAMIN B2 (AS RIBOFLAVIN)	13.5 mg	750%
BIACIN (AS BIACIN AND NAC-NAMIDE)	10 mg	100%
VITAMIN B6 (AS PYRIDOXINE HCL)	18 mg	600%
COLATE (AS FOLIC ACID)	500 µg	100%
VITAMIN B12 (AS CYANOCOBALAMIN)	100 µg	1670%
BIOTR	150 µg	50%
PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE)	15 mg	450%
CALCIUM (AS CALCIUM CITRATE AND CALCIUM CARBONATE)	335 mg	33%
IODINE (AS POTASSIUM IODIDE)	150 µg	100%
MAGNESIUM (AS MAGNESIUM CITRATE, MAGNESIUM AMINO ACID CHELATE, AND MAGNESIUM OXIDE)	200 mg	60%
ZINC (AS ZINC CITRATE)	10 mg	70%
SELENIUM (AS L-SELENYLMETHIONINE AND SELENIUM AMINO ACID COMPLEX)	100 µg	140%
COPPER (AS COPPER GLUCONATE)	1 mg	30%
MANGANESE (AS MANGANESE GLUCONATE)	2.5 mg	190%
CHROMIUM (AS CHROMIUM POLYNITRATE AND CHROMIUM PICOLINATE*)	150 µg	130%
MOLYBDENUM (AS MOLYBDENUM CITRATE)	25 µg	35%
OLIVOL® OLIVE EXTRACT, OLEA EUROPAEA L., FRUIT**	15 mg	1
BIOFLAVONOID COMPLEX (RUTIN, GREEN TEA EXTRACT, DECAHYDROFLAVONE, QUERCETIN, HESPERIDIN, CITRUS SPP. L., FRUIT, POMERANATE EXTRACT (PUNICA GRANATUM L., FRUIT), CINNAMON EXTRACT (CINNAMOMUM CASSIA L., BARK), BILBERRY EXTRACT (VACCINIUM MYRTILLUS L., FRUIT))	90 mg	1
MIXED NATURAL TOCOPHEROLS (D-ALPHA, D-DELTA, D-BETA TOCOPHEROLS)	17 mg	1
BIOSIL®	75 mg	1
CHOLINE BITARTRATE	50 mg	1
N-ACETYL L-CYSTEINE	50 mg	1
ALPHA-LIPOIC ACID	100 mg	1
COENZYME Q10	8 mg	1
TURMERIC EXTRACT (CURCUMA LONGA L., ROOT)	7.5 mg	1
LUTERIN (LARGE FLORET L., FLOWER)	200 µg	1
LYCOPENE	500 µg	1
GRAPE SEED EXTRACT (VITIS VINIFERA L., SEEDS)	45 mg	1
RESVERATROL POLYMER COMPOUND (SILICON DIOXIDE, ZINC, ROOT AND RHIZOMES)	15 mg	1
BORON (AS BORON CITRATE)	1.83 mg	1
Vanadium (AS VANADIUM CITRATE)	20 µg	1
ULTRA TRACE MINERALS	1.5 mg	1

*ONLY VALUE NOT ESTABLISHED.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, PREGELATINIZED STARCH, CROSCARMELOLLOSE, SODIUM, MODIFIED CELLULOSE, ASCORBYL PALMITATE, DEXTRIN, SILICON (AS SILICON AMINO ACID COMPLEX AND SILICON DIOXIDE), SODIUM CITRATE, DEXTROSE, SOY LECITHIN, VANILLA EXTRACT, CONTAINS SOY.

*LICENSED UNDER U.S. PATENT 4,315,927

**PROTECTED UNDER US PATENTS 6,358,542 OR 6,361,803.

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your health. your life. your way.™

Even the healthiest diet often fails to deliver the right amount of all the nutrients you need for optimal health. The USANA HealthPak™ makes it easy to fill the gaps with pre-packed daily doses of USANA® Nutritionals that are precisely balanced to give you the nutrition you need to be your best every day.

Each packet contains:

- **Two Mega Antioxidant**—delivers a comprehensive blend of essential vitamins and cell-protecting antioxidants
- **Two Chelated Mineral**—supplies a broad range of important minerals
- **One Active Calcium™**—provides complete bone support with calcium, magnesium, and vitamin D
- **One AO Booster**—a HealthPak exclusive packed with powerful antioxidants, including resveratrol, alpha-lipoic acid, and grape seed extract

USANA's potency guarantee means you can be confident that what is on the label is what is in the product. Our strict manufacturing and testing processes ensure that every USANA nutritional supplement is of the highest quality and potency.

POTENCY GUARANTEED

MANUFACTURED BY USANA HEALTH SCIENCES INC.
3838 W. PARKWAY BLVD., SALT LAKE CITY, UT 84120, USA

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Your best health starts here.
www.truehealthassessment.com